Programme
– Swansea Ramblers

We offer enjoyable short & long walks all year around and welcome new walkers to try a walk with us.

Summer Programme

April 2020 to September 2020
www.swansearamblers.org.uk
Swansea Ramblers wish to thank our walk leaders for providing walks for this programme. Without volunteers, a programme of walks would not be possible. If any member would like to learn how to lead, please contact a walks coordinator.

Swansea Ramblers  www.swansearamblers.org.uk

Chair  Chair@Swansearamblers.org.uk  Tel: 01792-547439
    John France
Vice Chair  Vicechair@Swansearamblers.org.uk  Tel: 01792-371248
    Bob Denley
Secretary  Secretary@Swansearamblers.org.uk  Tel: 07967-146654
    Catryn Edwards
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    Bob Denley
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    Peter Jones
Publicity  Publicity@Swansearamblers.org.uk  Tel: 07505-974986
    Richard Beale
Social Secretaries  Socials@Swansearamblers.org.uk
    Myra Lewis  01792-429804
    Joanna Craddock  01269-851005

Walks:

Evenings  Evenings@Swansearamblers.org.uk  Tel: (AM) 07719-409504
    Andrew Morgan  (KG) 07748-349264
    Karen Gibbs
Mondays (short strolls)  ShortStrolls@Swansearamblers.org.uk  Tel: 07505-974986
    Richard Beale
Saturdays (short & long)  Saturdays@Swansearamblers.org.uk  Tel: (AM) 07719-409504
    Andrew Morgan  (LE) 01792-845845
    Lynne Esson
Sunday (long)  Sundays@Swansearamblers.org.uk  Tel: 07977-144074
    Roger Brown
Sunday (short)  Sundays@Swansearamblers.org.uk  Tel: 07719-409504
    Andrew Morgan
Weekdays  Midweek@Swansearamblers.org.uk  Tel: 01792-371428
    Julia Robson

Front Cover Photograph:  Mynydd Gelliwastad  v02
About Swansea Ramblers

Swansea Ramblers, (originally West Glamorgan Ramblers) was formed in 1981. We always welcome new walkers to share our enjoyment of the countryside, socialise and make new friends. We organise long and short walks, varying from easy to strenuous across a wide area of South and Mid Wales, including Gower and Swansea.

Swansea Ramblers Website:  www.swansearamblers.org.uk
On the website, you'll find lots of interest and photographs of previous walks. For many new members, this is their first introduction to our group and part of the reason they choose to walk with us.

Programme of walks:  We have walks to suit most tastes. The summer programme runs from April to September and the winter programme covers October to March. A copy of the programme is supplied to members and can be downloaded from our website.

Evening short walks:  These are about 2-3 miles and we normally provide these popular walks once a week in the summer.

Monday Short walks:  These are 2-5 mile easier walks as an introduction to walking and prove popular with new walkers.

Weekday walks:  We have one midweek walk each week. The distance can vary from week to week, as can the day on which it takes place.

Saturday walks:  We have a Saturday walk every week that is no more than 6 miles in length and these are a great way to begin exploring the countryside. Many new walkers find these a good introduction to the group.

Sunday medium & Figure of Eight short walks:  These occasional walks allow members to begin walking/increase their walking distances.

Sunday long walks:  These are usually longer, more challenging walks for the experienced walker and explore some wonderful scenery.

Social events:  These include events such as meals out or coach trips. This is a great way to meet and get to know your fellow walkers. Details are emailed to members nearer the time (so please make sure you have added your email address at https://www.ramblers.org.uk/login and ticked the three consent boxes to allow us to contact you).

Weekends away:  These are very popular events and take place at least once a year. Details are emailed to members (so please make sure you have consented as described above).
Walking with us

Publicity photographs/video: Photographs and video are taken on most walks and may be used to publicise Swansea Ramblers on TV, internet and in periodicals such as: Evening Post, Swansea Life, etc. At the start of every walk we will ask the group for verbal confirmation if they agree to appear in our publicity material. If you do not wish to appear in these publicity materials then please let the leader/photographer know each time you join a walk. Do not rely on the photographer remembering your preferences from a previous walk.

How do I start walking with Swansea Ramblers? Many people are put off by the thought of meeting a large group of strangers for the first time. Swansea Ramblers are a friendly group that welcomes new walkers so just come along and walk with us.

Try out the shortest walks first and take it from there. You don’t have to pre-book, just come along and enjoy. The Saturday six-mile walks (around three hours) are the most popular but if you prefer shorter walks, these are also available. The longer walks can be at a brisker pace so if you are unsure of your fitness level, just contact the leader first to discuss if the walk is suitable for you.

The first three walks with us are FREE so you can see if you like walking with us. If you do find you have enjoyed those walks and would like to do more, we will be pleased to invite you to become a member of our charity, (which promotes walking for the wellbeing of the public). Membership can be set up online from our website or you can ask us for a membership form. Your Ramblers area will be ‘Glamorgan’.

Additional advice about joining a walk:

- Meeting for the walk - The start point of a walk is usually given in the programme in addition to the meeting point. In exceptional circumstances, for example bad weather, the leader may need to cancel the walk. The leader will only inform those present at the meeting point. Anyone intending to travel directly to the start point is advised to contact the leader to confirm that the walk will go ahead.

- Walk gradings are provided as a general guide only. If you have any doubt about your fitness for a particular walk please contact the organiser or leader in advance.

- Bear in mind the distance of the walk, regional differences in terrain and possibility of bad weather can make a walk more difficult than planned.
If you’re unsure of your fitness level, try a short and easy walk first - it's much better to find a walk a little too slow and easy than to make yourself miserable and exhausted.

Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit.

You will need suitable footwear and clothing, enough food and drink plus a small First Aid pack. While the safety of members is always of paramount concern, accidents may occasionally occur so please carry ID and contact numbers. It is also important to appreciate that you have a responsibility for the safety of both yourself and fellow walkers.

Minors on walks

Minors are welcome to join a walk if they are accompanied by an adult who will take responsibility for them for the entire time they are with us.

Walks are graded as follows:-

- **Easy Access** - walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections, please check with the leader.

- **Easy** - walks for anyone who does not have a mobility difficulty, a specific health problem or is seriously unfit. Suitable for pushchairs if they can be lifted over occasional obstructions. Comfortable shoes or trainers can be worn.

- **Easy/Moderate** - walks for reasonably fit people with at least a little country walking experience. May include unsurfaced rural paths. Walking boots and warm, waterproof clothing are recommended.

- **Moderate** - walks for people with country walking experience and a good level of fitness. May include some steep paths and open country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential.

- **Strenuous** - walks for experienced country walkers with an above average fitness level. May include hills and rough country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential. People in doubt about their fitness should contact the organiser or leader in advance.

Using Public Transport

Members are encouraged to plan/attend walks using public transport. Information from Traveline Cymru (Tel: 0871-200-22-33) and online at: http://www.traveline-cymru.info/ and http://www.baytrans.org.uk/.
Car Sharing

*Please note we cannot guarantee it will always be possible to provide a lift to the start of the walk, so we strongly recommend that if you are walking regularly with us, you pre-arrange to travel with a fellow walker.*

If a driver is available to offer a lift to a participant without a car, we suggest a voluntary contribution is made to cover the costs of the driver and as a guide, we recommend a donation of £5 for a journey up to 20-miles and pro-rata for distances over that mileage. Where more than one individual accepts a lift in the same car, they may equally contribute to the suggested donation, so reducing the cost to the individual. Please ensure you bring with you a change of footwear and clothing to avoid mud being transferred to the interior of the car.

Please be aware: After a walk, the driver may intend either to remain in the walk area to have refreshments & socialise with the group OR may wish to return home immediately after the walk, so please confirm and respect the driver’s wishes before accepting a lift.

Walking Etiquette –Safety at all times!

We are all responsible for our own safety and that of others on the walk. We need to keep together and not stride out ahead of the leader or force the pace. Participants should not leave the group during the walk without reference to the leader or the back-marker. This may cause the walk leader (& emergency services) to waste time looking for you!

Dogs on walks

Four-legged companions are welcome where we do not go near livestock. Please check the walk entry to see if dogs may come on a particular walk. Unfortunately, farm animals can be disturbed even by the presence of a well-behaved dog on a short lead, so it remains a leader’s decision whether they think a walk is unsuitable for dogs. To ensure safety of other walkers and to prevent dogs chasing animals, all dogs must remain on a non-extendable short lead. Please also note that the majority of footpaths in the countryside will at some point cross a number of stiles where it may be necessary for an owner to lift their dog over these stiles.

Where we state ‘Registered Assistance Dogs Only’, please contact the walk leader in advance to discuss your requirements. We can chat about whether the walk is suitable for a dog as it may sometimes be advisable to instead come with a companion, e.g. during the lambing season, (1st Dec. - 30th April) when unless we do not pass through farmland, it is not advisable to bring even registered assistance dogs.
Frequent Meeting/Start Points with Directions on Google

<table>
<thead>
<tr>
<th>Meeting Point and Google Sat Nav</th>
<th>Post Code</th>
<th>Grid Ref</th>
<th>Lat Lon</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Cefn Bryn</strong> (Arthur's Stone: Rough parking on top of Cefn Bryn)</td>
<td>SA3 1AE</td>
<td>SS 490 900</td>
<td>51.589, -4.180</td>
</tr>
<tr>
<td>Civic Centre (formally County Hall, AND NOT Guildhall)</td>
<td>SA1 3SA</td>
<td>SS 653 923</td>
<td>51.614, -3.946</td>
</tr>
<tr>
<td><strong>Cross Hands</strong> (B&amp;M Car Park: 2nd left off roundabout and turn right by chip shop)</td>
<td>SA14 6RD</td>
<td>SN 563 131</td>
<td>51.798, -4.085</td>
</tr>
<tr>
<td>Civic Centre (formally County Hall, AND NOT Guildhall)</td>
<td>SA1 3SA</td>
<td>SS 653 923</td>
<td>51.614, -3.946</td>
</tr>
<tr>
<td><strong>Cross Hands</strong> (Heol Parc Mawr: North of Leekes, DON'T park by retail driveways)</td>
<td>SA14 6RE</td>
<td>SN 568 128</td>
<td>51.796, -4.076</td>
</tr>
<tr>
<td>Cwm Clydach RSPB (1M north on Vardre Rd, after New Inn bridge, turn sharp right)</td>
<td>SA6 5TA</td>
<td>SN 683 026</td>
<td>51.707, -3.907</td>
</tr>
<tr>
<td><strong>Cwm Ivy</strong> (Llanmadoc: Through the village and descend by the church)</td>
<td>SA3 1DJ</td>
<td>SS 440 935</td>
<td>51.619, -4.255</td>
</tr>
<tr>
<td>Dunvant (Cycle path / Amenity site near playground)</td>
<td>SA2 7TB</td>
<td>SS 594 938</td>
<td>51.626, -4.032</td>
</tr>
<tr>
<td>Go Outdoors (Llansamlet: Enterprise Zone: Bran Close opposite Fendrod Inn)</td>
<td>SA7 9DE</td>
<td>SS 682 974</td>
<td>51.659, -3.906</td>
</tr>
<tr>
<td><strong>Gowerton</strong> (B4295 Car Park: West of the Commercial Inn/Railway Station)</td>
<td>SA4 3BP</td>
<td>SS 591 964</td>
<td>51.649, -4.037</td>
</tr>
<tr>
<td>Green Cwm (Park Wood: Uphill on single track road behind Heritage Centre)</td>
<td>SA3 2EH</td>
<td>SS 538 896</td>
<td>51.586, -4.111</td>
</tr>
<tr>
<td><strong>Guildhall</strong> (In Francis Street between Guildhall &amp; Victoria Park)</td>
<td>SA1 4NP</td>
<td>SS 643 923</td>
<td>51.613, -3.961</td>
</tr>
<tr>
<td>Gwyn Arms (Long single track lane south of pub, DO NOT park near the pub)</td>
<td>SA9 1GP</td>
<td>SN 846 165</td>
<td>51.835, -3.677</td>
</tr>
<tr>
<td>Killay (Railway Inn: LIMITED PARKING - turn left before the ascent of hill on A4118)</td>
<td>SA2 7DS</td>
<td>SS 598 923</td>
<td>51.613, -4.027</td>
</tr>
<tr>
<td>Llanrhidian (Dolphin Inn: turn north and downhill near petrol station)</td>
<td>SA3 1ER</td>
<td>SS 497 923</td>
<td>51.609, -4.172</td>
</tr>
<tr>
<td><strong>Penmaen</strong> (Rose Cottage: Not named at site: LIMITED PARKING - south of A4118)</td>
<td>SA3 2HJ</td>
<td>SS 526 884</td>
<td>51.576, -4.128</td>
</tr>
<tr>
<td>Pontrhydyfen (Rhyslyn: Take B4287 off A4107:Under viaduct turn right to car park)</td>
<td>SA12 9RU</td>
<td>SS 800 942</td>
<td>51.633, -3.735</td>
</tr>
<tr>
<td><strong>Rhossili</strong> (National Trust Car Park)</td>
<td>SA3 1PP</td>
<td>SS 414 880</td>
<td>51.569, -4.289</td>
</tr>
<tr>
<td>Tankeylake (Grass Verge of moorland above Llangennith)</td>
<td>SA3 1JT</td>
<td>SS 435 916</td>
<td>51.601, -4.260</td>
</tr>
</tbody>
</table>
EVENTS CANCELLED DUE TO CORONA VIRUS

Finding a non-frequent meeting point

Grid refs can be converted to Post Codes or Lat/Lon using websites such as gridreferencefinder.com/. Also, our website links to the GB website where a detailed map of our start and meeting points can be viewed.

Swansea Ramblers is part of the GB Ramblers Association

Ramblers’ Association is a company limited by guarantee, registered in England and Wales. Company registration number: 4458492. A registered charity in England & Wales, no: 1093577. Registered office: 2nd floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW.

What we do for walking in Swansea

Reporting blocked paths: We liaise with the council to resolve issues. If you find a blocked path you should first report it to the council. Contact details and the number of the path can be obtained from https://www.swansea.gov.uk/rightsofwaymap. If the issue is not resolved, let us know via footpathsATswansearamblers.org.uk.

We make a difference to our walking environment: We work with Swansea Council to ensure paths remain open for you to use and we have a regular team of volunteers who clear paths with the council throughout the year. Swansea Ramblers, as a walking charity, takes part in discussions to improve access to the countryside, encourages more people to improve their health by taking up walking and we have been involved in creation of walking routes such as the Gower Way and the Wales Coast Path.

Practical training: We are always happy to help you learn how to lead a walk. Occasionally, there are training courses available.

Keeping in touch with us

Receiving information from us: Every six months we post out the walks programme. We also email members with group information, such as details of social events, newsletters, the walks programme and any last minute changes to walks. To receive these emails, you will need to have gone online (or phoned central office, 020 3961 3232) to give consent. Please ensure you tick all three contact boxes so we can keep in touch by email, post and telephone.

Visit https://www.ramblers.org.uk/login.aspx to log in to your account or to set one up.
**EVENTS CANCELLED DUE TO CORONA VIRUS**

**April**

### Wednesday 1\(^{st}\) April
**Leader:** Howard and Joan Siddle  
**Tel:** 07909-770708  
**10 miles**  
**Moderate**

**Description:** A circular walk around the valley of the Nant Bran. Attractive views back over the Brecon Beacons and a couple of 360 degree summits.

**Meet:**  
10.00 a.m.  
**Meeting Place:** Registered Assistance Dogs Only  
Aberbran: A40 Between Brecon and Sennybridge: Layby on south side of A40, opposite Bus Stop and T-Junction  
**GR:** SN 991 289

### Saturday 4\(^{th}\) April
**Leader:** Tony Ruggiero and Bel Docherty  
**Tel:** 07981-341422 or 07772-046239  
**5 Miles**  
**Easy / Moderate**

**Description:** Walking along the old Dram road, we’ll pass a pool and waterfall then a viewpoint. We’ll go on to pass some old stable ruins and the site of a winding house. There will be lots of ‘Fairy / Pixie’ homes to spot along the way on this pleasant walk. The path slightly inclines as we walk through woodland with some further viewpoints. Before we re-join the Dram road, the path becomes narrow in places and drops sharply with steps.

**Meet:**  
11.00 a.m.  
**Meeting Place:** Dogs remain on short leads  
Penscynor: Craig Gwladys Country Park Car Park: SA10 8LF  
**Directions:** M4: J43 (Llandarcy): Exit A465 past Neath. After 1.5 miles, take exit for ‘Severn Sisters A4109’. At roundabout, take first left onto A4230 for Cadoxton/ Cilfrew. Just after railway bridge, turn right, signposted Cilfrew & Craig Gwladys. Follow road for ¼ mile. After 3 speed retarders, turn left and through barrier. At T Junction, turn left at narrow steep hill (first gear) and right into car park.  
**Google Sat Nav:** https://goo.gl/maps/hZwPMmcGZDxr5Qd98  
**GR:** SS 765 995

### Sunday 5\(^{th}\) April

**N.B. Three walks today**

**Leader:** Dave Bird  
**Tel:** 01792-233634 & 07812-710343  
**12 miles**  
**1,500ft (457m)**  
**Strenuous**

**Description:** A walk above Ogmore Vale with great views, visiting Mynydd William Meyrick, Craig Ogwr & Mynydd Llangeinwr

**Meet:**  
9.00 a.m.  
**Meeting Place:** Registered Assistance Dogs Only  
Between Guildhall and Victoria Park  
**GR:** SS 643 923  
9.50 a.m.  
**Meeting Place:**  
Ogmore Vale Fire Station (Car park or on-street parking)  
**Postcode:** CF32 7AB  
**GR:** SS 934 904
**A Figure of Eight Walk**
(For beginners AND regulars!)

Begin walking with Swansea Ramblers on a short stroll, either in the morning or afternoon (or come on both walks). Regular walkers can do both walks to enjoy a combined distance of about 6-8 miles.

**Meet:**

**Meeting Place:** Dogs remain on short leads
See Below Llansamlet: Church Road: Plough & Harrow Car Park

**GR:** SS 686 977

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**Sunday 5th April**

**N.B. Three walks today**

**Llansamlet**

The morning walk

**Leader:** Andrew Morgan
Tel: 07719-409504

**Description:** Explore the hidden countryside around the Enterprise Zone. If you think the area is just retail units, come along and discover ponds with waterfowl, the River Tawe and its flood relief scheme, Swansea Vale Nature Reserve with boardwalk and the upper stretches of the River Fendrod as we follow nature corridors between the business units. We'll return to the start for lunch then you can decide if you would like to do the second half of the walk.

**Meet:**

**Meeting Place:** Dogs remain on short leads
11.00 a.m. See above

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**Sunday 5th April**

**N.B. Three walks today**

**Llansamlet**

The afternoon walk

**Leader:** Andrew Morgan
Tel: 07719-409504

**Description:** If you can’t make the morning walk, come along on this afternoon section to enjoy a short walk. We'll pass through more of Swansea Vale Nature Reserve, see nature reclaiming old brownfield sites, follow an old tramway and walk along hidden paths that are well-used by locals. If you think the area is just retail units, come along and discover accessible countryside within a short distance of the city centre. Afterwards, we'll go for refreshments at the Plough and Harrow to thank them for the free parking.

**Meet:**

**Meeting Place:** Dogs remain on short leads
1.30 p.m. See above
**EVENTS CANCELLED DUE TO CORONA VIRUS**

| Monday 6th April | Mynydd Pysgodlyn  
| Leader: Mike Clarke | One of a Series of Easier Walks with Friends  
| Tel: 01792-843590 | Easy/Moderate  
| **Description:** A walk along the flanks of Craig y Bedw & Mynydd Pysgodlyn with glorious views of the surrounding countryside  
| **Meet:**  
10.00 a.m. Pontarddulais (East of): Bryn-Bach Common (Junction of 5 roads)  
| **Directions:** Minor roads from Pontlliw: At Traffic lights in Pontlliw, turn right (north) and follow Clordir Road/Bryn-Bach Road to the common, (almost at top of hill).  
| **Google Sat Nav:** [https://goo.gl/maps/HkVLqWzxYZNX4Mms8](https://goo.gl/maps/HkVLqWzxYZNX4Mms8)  
| **GR:** SN 618 034 |  

| Tuesday – Thursday  
7th – 9th April | Walk leader needed  
| **Description:** Please contact Julia if you could lead a walk this week  
| Tel: 07881-307548 |

| Wednesday 8th April | Path Maintenance Work Party  
| Co-ordinator: Steve Robson | Tel: 07758-468212  
| **Description:** On the 2nd Wednesday of each month, We assist the City & County of Swansea to maintain footpaths by pruning & strimming vegetation, or doing work such as stile repairs and bridge building. All members are welcome to help, so if you are free today to assist us, please contact Steve to find out more information.  

An autumn stroll in Cwm Cerdinen
**Thursday 9th April**

**An Evening Walk:**
*Eat Italian! - And a Stroll!*
Verdi’s & Mumbles Hill

**Leader:** Alison Broady  
Tel: 07926-285806  
2 miles  
Easy/Moderate  
Sunset at 8.03 p.m.

**Description:** We’ll begin with a short and fairly easy walk up Mumbles Hill and enjoy the panoramic view over Swansea Bay as dusk begins to settle then make our way back through the nature reserve. *(Same walk as we did last Fireworks night). Afterwards, we'll finish with Italian Pizza or Pasta at Verdi’s (No need to book, pay on the night, not in advance).*

**Meet:**  
**Meeting Place:** Dogs remain on short leads  
Mumbles: Outside Verdi’s Restaurant  
6.30 p.m. For the walk  
7.30 p.m. For Italian meal  
GR: SS 624 877

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**Saturday 11th April**

**Easter Weekend**
Mynydd Mawr Woodland Park,  
Tumble and Drefach

**Leader:** Al Evans  
Tel: 01792-475521  
6 Miles  
Easy

**Description:** We leave the woodland park and walk through Tumble to join a series of beautiful tramways, making our way past old coal mines to Drefach. Walking past 'Colditz', we re-enter the woodland park and head back to the start. *Mainly easy walking with one stile and two short inclines.*

**Meet:**  
**Meeting Place:** Dogs remain on short leads  
11.00 a.m. Tumble: B4310: Mynydd Mawr Woodland Park.

**Directions:** *From A48 roundabout at Cross Hands, take 2nd left onto A476, signed Llanelli. After 1.5 miles turn right onto B4310, signed Tumble. Just after the shops in Tumble, turn right at the woodland park sign then 1st left by a large model of a miner’s Davy Lamp. Proceed a short way on the park’s tarmac road to car park.*

GR: SN 538 125

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**ADVANCE NOTICE**

**Walking weekend**
Llandrindod Wells  
16th to 18th October 2020

**Organiser:** Karen Gibbs  
Tel: 07748-349264  
See end of programme for more details.
**Sunday 12th April**  
**Easter Sunday**  
Margam  
**Leader:** Roger Brown  
**Tel:** 07977-144074  
**Description:** We’ll go up to the ruined chapel before heading west to Brombil. We’ll then ascend through forestry to Cwmwenderi Reservoir. Joining the Coed Morgannwg Way, we’ll circle back via St. Illtud’s Walk, returning to Margam Park. *Afterwards, we’ll drive back via A48 into Margam for a well-earned drink at the Twelve Knights pub.*  
**Meet:**  
**Meeting Place:**  
9.00 a.m. Between Guildhall and Victoria Park  
9.40 a.m. Margam: A48: Lay-by west of main entrance to Margam Park.  
**GR:** SS 643 923  
**GR:** SS 798 860

**Monday 13th April**  
**Easter Monday**  
Neath Canal Resolven  
**One of a Series of Easier Walks with Friends**  
**Leader:** Richard Coombs  
**Tel:** 074225-34365  
**Description:** We will follow the canal towpath through an area brought alive by Alexander Cordell's book ‘Song of the Earth’. Toilets available at start.  
**Meet:**  
**Meeting Place:**  
10.00 a.m. Resolven: Car park next to A465 roundabout.  
**GR:** SN 826 030

**Tuesday 14th April**  
**An Evening Walk:**  
Clyne Gardens  
**Leader:** Andrew Morgan  
**Tel:** 07719-409504  
**Description:** A stroll around Clyne with maybe some spring flowering if the weather has been kind. There may be some early Rhododendrons before the annual Clyne in Bloom colourful display. *Afterwards, we’ll go for refreshments at the Woodman Inn.*  
**Meet:**  
**Meeting Place:**  
7.00 p.m. Blackpill: Clyne Gardens/Woodman Car Park. *(Use the free parking section. Pay & Display section is refundable with purchase in Woodman).*  
**GR:** SS 618 905
**EVENTS CANCELLED DUE TO CORONA VIRUS**

<table>
<thead>
<tr>
<th>Wednesday 15&lt;sup&gt;th&lt;/sup&gt; April</th>
<th>Singleton Park &amp; Clyne Woods</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Leader:</strong> Edmund Sides</td>
<td><strong>5 miles</strong></td>
</tr>
<tr>
<td><strong>Tel:</strong> 07496-706858</td>
<td><strong>Easy/Moderate</strong></td>
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<tr>
<td><strong>Description:</strong> An exploration of the green spaces in Swansea West, traversing Singleton Park then walking through Clyne Woods down to the coast, returning along Swansea Beach. Learn a bit about Singleton Abbey and the historic coal mining in the Clyne Valley. <em>No stiles.</em></td>
<td></td>
</tr>
<tr>
<td><strong>Meet:</strong></td>
<td><strong>Meeting Place:</strong></td>
</tr>
<tr>
<td>10.30 a.m. Singleton Park: Junction of Brynmill Lane and Mumbles Road: Next to the Gate Lodge at the southeast corner of park.</td>
<td>Dogs remain on short leads</td>
</tr>
<tr>
<td><strong>Parking available in the Recreation Ground car park (charge)</strong></td>
<td><strong>GR:</strong> SS 634 919</td>
</tr>
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<table>
<thead>
<tr>
<th>Friday 17&lt;sup&gt;th&lt;/sup&gt; April to Sunday 19&lt;sup&gt;th&lt;/sup&gt; April</th>
<th>Wells Weekend Away</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Even if you aren’t going to Wells, there are still walks closer to home!</strong></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Saturday 18&lt;sup&gt;th&lt;/sup&gt; April</th>
<th>Whiteford Point</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>N.B. Three walks today</strong></td>
<td><strong>5 Miles</strong></td>
</tr>
<tr>
<td><strong>Leader:</strong> Morag Eddyshaw</td>
<td><strong>Moderate</strong></td>
</tr>
<tr>
<td><strong>Tel:</strong> 07751-444535</td>
<td></td>
</tr>
<tr>
<td><strong>Description:</strong> A circular walk from Cwm Ivy, following the coastal path round Whiteford Point and the Whiteford Nature Reserve, returning via the beach.</td>
<td></td>
</tr>
<tr>
<td><strong>Meet:</strong></td>
<td><strong>Meeting Place:</strong></td>
</tr>
<tr>
<td>11.00 a.m. Llanmadoc: Cwm Ivy: Car park (<em>honesty box</em>)</td>
<td>Dogs remain on short leads</td>
</tr>
<tr>
<td><strong>Directions:</strong> Drive through to the end of Llanmadoc Village then descend right. Turn right into car park then park in area to right of entrance.</td>
<td><strong>GR:</strong> SS 440 935</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Saturday 18&lt;sup&gt;th&lt;/sup&gt; April</th>
<th>Wells Weekend Away - 1</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>N.B. Three walks today</strong></td>
<td><strong>6 miles</strong></td>
</tr>
<tr>
<td><strong>Leader:</strong> Clive Scott</td>
<td><strong>Moderate</strong></td>
</tr>
<tr>
<td><strong>Tel:</strong> 07771-976987</td>
<td></td>
</tr>
<tr>
<td><strong>Description:</strong> Clive has been exploring Wells to find a memorable walk for our first visit to Wells. Join him outside the hotel where he’ll reveal the location of our walk.</td>
<td></td>
</tr>
<tr>
<td><strong>Meet:</strong></td>
<td><strong>Meeting Place:</strong></td>
</tr>
<tr>
<td>9.30 a.m. Wells: Outside Swan Hotel</td>
<td>Registered Assistance Dogs Only</td>
</tr>
<tr>
<td><strong>GR:</strong> ST 549 458</td>
<td></td>
</tr>
<tr>
<td>Date</td>
<td>Event Name</td>
</tr>
<tr>
<td>------------------</td>
<td>---------------------------------</td>
</tr>
<tr>
<td>Saturday 18th Apr</td>
<td>Wells Weekend Away</td>
</tr>
<tr>
<td></td>
<td>Wells and Wookey Hole</td>
</tr>
<tr>
<td>Saturday 19th Apr</td>
<td>Cwm Clydach Walk</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Saturday 19th Apr</td>
<td>Wells Weekend Away</td>
</tr>
<tr>
<td></td>
<td>A Somerset Adventure - 2</td>
</tr>
<tr>
<td>Saturday 19th Apr</td>
<td>Wells Weekend Away</td>
</tr>
</tbody>
</table>
**EVENTS CANCELLED DUE TO CORONA VIRUS**

### Monday 20th April

**Cefn Bryn**

*One of a Series of Easier Walks with Friends*

**Leader: Cathy Shepherd**

Tel: 01792-538588

**Description:** A short climb to the second highest point on Cefn Bryn is followed by an easy stroll around this historical area with fantastic views from all points.

**Meet:**

**Meeting Place:** Registered Assistance Dogs Only

10.00 a.m.  
Reynoldston: On the road near the King Arthur Hotel  
*(NOT on the drive to hotel).*

**GR:** SS 482 899

### Tuesday 21st April

**Worms Head**

**Leader: Julia Robson**

Tel: 07881-307548

**Description:** A tough scramble across the rocky causeway to the end of spectacular Worms Head, returning to the car park via Fall Bay. Followed by a steep walk up and along Rhossili Down for more stunning views.

Low tide 12.30 p.m.

**Meet:**

**Meeting Place:** Dogs remain on short leads

10.00 a.m.  
Rhossili National Trust Car Park

**GR:** SS 414 880

### Wednesday 22nd April

**An Evening Walk: Caswell and Brandy Cove**

**Leader: Karen Gibbs**

Tel: 07748-349264

**Description:** An evening stroll along part of the South Gower Coast. *There will be a chance to have drink in The Newton Inn afterwards and maybe take part in the quiz.*

**Meet:**

**Meeting Place:** Registered Assistance Dogs Only

6.30 p.m.  
Newton: Highpool Lane junction with Highmead Avenue.

*(Bus route 2 before 6 p.m. or 3A afterwards. Check bus times)*  
**GR:** SS 601 884
### Saturday 25<sup>th</sup> April  
**Clyne in Bloom**

**Leader:** Merfyn Williams  
**Tel:** 01792-520181  
**Including an option to shorten to 3.5 miles**

**Easy/Moderate**

**Description:** Clyne Gardens and Clyne Country Park: We can expect to see a spectacular display of Azaleas, Rhododendrons and Bluebells. After approx. 2.5 miles, when we have seen all the above flowers and shrubs, there will be an option for you to leave the group and walk back along the main tarmac path (about 20 mins back to the start).

**Meet:**  
**Meeting Place:** Dogs remain on short leads  
11.00 a.m. Blackpill: Clyne Gardens Car Park.

**Directions:** Turn off Mumbles Road into lane at side of Woodman Inn. Turn right into car park and park in one of the free bays for visitors to Clyne Gardens or the Pay & Display area (refundable with purchase in pub). Additional Pay & Display is available in large car park at bottom of Derwen Fawr Road, near Clyne Cycle Path.

**Public Transport:** Many buses (particularly 2B and 3A) stop on opposite Woodman.

**GR:** SS 618 905

---

### Sunday 26<sup>th</sup> April  
**Llantwit Major and Nash Point**  
**Joint with Gower Society**

**Leader:** Howard and Joan Siddle  
**Tel:** 07909-770708  
**Moderate**

**Description:** Along the Glamorgan Heritage Coast Path via St Donat’s and Marcross to Nash Point, using stretches of the coast path and inland fields. Opportunities to see the staggering cliffs around the lighthouse and the chance (remote!) to find a dinosaur!

**Meet:**  
**Meeting Place:** Registered Assistance Dogs Only  
8.30 a.m. Between Guildhall and Victoria Park  
9.30 a.m. Llantwit Major: Visitor Centre Car Park  
*(Leaders will meet & greet at Llantwit Major)*

**GR:** SS 643 923

---

### Monday 27<sup>th</sup> April  
**More interesting people from the past in Swansea**  
**One of a Series of Easier Walks with Friends**

**Leader:** Gail Allen  
**Tel:** 01792-469232  
**Easy Access**

**Description:** Following on from Richard’s blue plaque walk in December 2019, we visit places where some notable women lived, worked and died over the past 200 years. More possible blue plaques in the future?

**Meet:**  
**Meeting Place:** Dogs remain on short leads  
10.00 a.m. Swansea: Outside the railway station

**GR:** SS 657 936
**Tuesday 28th April**

**Leader:** John Pritchard-Jones  
Tel: 01792-366441  

**Description:** A walk over Mumbles Head then via Langland Corner to Langland Bay, returning along the coast path to the pier. Afterwards we'll go for refreshments to the Pilot Inn. *Parking available opposite the George (Charge)*

**Meet:**
- **Meeting Place:** Mumbles: Outside the George Hotel  
- **Dogs remain on short leads**  
- **Tel:** 01792-366441  
- **Sunset is at 8.35 p.m.**

**Llangwm**

**Leader:** Tim Gronow  
Tel: 07710-231630  

**Description:** Forest and farmland walk near upper part of Daugleddau.

**Meet:**
- **Meeting Place:** Registered Assistance Dogs Only  
- **Cross Hands:** B&M Car Park  
- **Llangwm:** Black Tar Car Park  
- **GPS:** 51.749,-4.901  
- **GR:** SN 563 131

---

Our work party installed a kissing gate at Cae Mansel
EVENTS CANCELLED DUE TO CORONA VIRUS

May

Saturday 2\textsuperscript{nd} May

\begin{tabular}{|l|l|}
\hline
Bishopston Valley & \\
\hline
Leader: Dave Stephens & 6 Miles \\
Tel: 07864-020630 & Moderate \\
\hline
\textbf{Description}: From Kittle, we will descend Bishopston Valley to Pwll Du. The walk will continue along the coast path to Brandy Cove then return via Bishopston Village. \textit{Afterwards, we'll go for refreshments in the Beaufort Arms to thank them for free parking.} & \\
\hline
\textbf{Meet}: & \\
Meeting Place: & Dogs remain on short leads \\
11.00 a.m. & Kittle: Beaufort Arms Car Park \\
& GR: SS 574 893 \\
\hline
\end{tabular}

Sunday 3rd May

\begin{tabular}{|l|l|}
\hline
Welsh Valleys 1 & \\
\hline
\textbf{Abergwynfi and the Soldiers’ memorial stones} & \\
\hline
\textit{A moderately paced walk} & \\
\hline
Leader: Gail Allen & 7.5 miles \\
Tel: 01792-469232 & Moderate \\
\hline
\textbf{Description}: On the ridge we will visit the special memorial stones and enjoy unexpectedly fabulous views in all directions. We start the walk with a slow, steep climb on rough ground from 300 metres to 500 metres on the ridge. The rest of the walk is straightforward. To the south we’ll see below us Blaengarw where we’ll walk on Sunday 14\textsuperscript{th} June on ‘Welsh Valleys 2’ & \\
\hline
\textbf{Meet}: & \\
Meeting Place: & Registered Assistance Dogs Only \\
9.30 a.m. & Llansamlet: Go Outdoors \\
11.00 a.m. & Abergwynfi: SA13 3YW \\
& GR: SS 682 974 \\
\hline
\textbf{Directions}: & \\
& Take A4107 up Afan Valley past Pontrhydyfen and Cymmer. Park just off the road on the right at the far end (top) of the village. \\
& \textbf{Google Sat Nav}: https://goo.gl/maps/cAhFktCP5W2YJzE59 & GR: SS 894 961 \\
\hline
\end{tabular}

Monday 4\textsuperscript{th} May

\begin{tabular}{|l|l|}
\hline
Margam Park Pulpit Walk & \\
\hline
\textit{One of a Series of Easier Walks with Friends} & \\
\hline
Leader: Richard Coombs & 4 miles \\
Tel: 07422-534365 & Easy/Moderate \\
\hline
\textbf{Description}: We will enter the side of Margam Park and skirt around an old hill fort before climbing up to the pulpit from where there should be good panoramic views. We will descend to return along the foot of the hill. & \\
\hline
\textbf{Meet}: & \\
Meeting Place: & Dogs remain on short leads \\
10.00 a.m. & Margam Park: Fishing lake car park. \\
& GR: SN 802 864 \\
\hline
\end{tabular}
EVENTS CANCELLED DUE TO CORONA VIRUS

**Tuesday 5th May**

**Port Eynon Coastal Walk**

**Leader:** Steve Robson  
**Tel:** 07758-468212  
**Description:** Coast and farmland walk from Port Eynon. A moderate walk with a couple of short climbs.

**Meet:**  
- **Meeting Place:** Dogs remain on short leads  
- **9.30 a.m.** Penmaen: Rose Cottage Car Park (*Free*)  
- **10.00 a.m.** Port Eynon: Beach Car Park (*Charge*)

**Tel:** 07758-468212  
**Moderate**

**Tuesday 5th May**

**An Evening Walk:**  
**Langland & Oystermouth**

**Leader:** Alison Broady  
**Tel:** 07926-285806  
**Description:** A walk from Langland, with some ascents and descents along the way! Starting on the coast path, we’ll use lesser known paths and lanes through Thistleboon before joining Mumbles Seafront to reach Castle Woods (which should be carpeted in flowering Wild Garlic). The return journey begins by ascending the woodland steps to Oystermouth Castle then back to Langland. *Afterwards we’ll go for refreshments at the Langland Brasserie.*

**Meet:**  
- **Meeting Place:** Dogs remain on short leads  
- **7.00 p.m.** Langland: Car Park behind Langland Brasserie. (*N.B. Other car park is locked at 8 p.m.*)

**Tel:** 07926-285806  
**Moderate**

**Thursday 7th May**

**Bluebell Stroll at Dinefwr**

**Leader:** Myra Lewis  
**Tel:** 07981-585640  
**Description:** A gentle stroll through the woods of Coed y Castell with beautiful views overlooking the town of Llandeilo. We then head towards the Bluebell woods, so bring your camera, as hopefully we’ll get some great photographs! Lunch will be just below the castle entrance where again there is a wonderful panorama along the Towy Valley. After lunch, we begin our return journey, passing the abandoned old Church of Llandyfeisant.

**Meet:**  
- **Meeting Place:** Dogs remain on short leads  
- **11.00 a.m.** Llandeilo: SA19 6HJ: Car park on right of the main street

**Tel:** 07981-585640  
**Easy/Moderate**

**Directions:** *In the main street, turn right at cross roads into Crescent Road then right into car park (charge).*

**GR:** SN 630 224
Sunday 10\textsuperscript{th} May

**Drygarn**

**Leader:** Tim Gronow  
**Tel:** 07710-231630

**Description:** A forest and moorland walk to Drygarn Fawr, North of Abergwesyn.

**Meet:**  
- 9.00 a.m. Cross Hands: B&M Car Park  
- 10.15 a.m. Community Hall, north of Llanwrtyd Wells & Abergwesyn

**Meeting Place:** Registered Assistance Dogs Only  
**GR:** SN 563 131

**GPS:** 52.164,-3.668

**Google Sat Nav:** https://goo.gl/maps/H11ABxLgYiqNTFKMA  
**GR:** SN 859 530

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Monday 11\textsuperscript{th} May

**Mumbles Hill**

*One of a Series of Easier Walks with Friends*

**Leader:** Ken Rees  
**Tel:** 01792-403547

**Description:** An interesting and varied walk from Underhill Park along part of the Mumbles Way to Mumbles Hill. We’ll return along the seafront, through the village, to the park.

**Meet:**  
- 10.00 a.m. Mumbles: Newton Road: Underhill Park: *(Car park is on left, down the lane at the top end of the park)*

**Meeting Place:** Dogs remain on short leads  
**GR:** SS 607 879

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Wednesday 13\textsuperscript{th} May

**Path Maintenance Work Party**

**Co-ordinator:** Steve Robson  
**Tel:** 07758-468212

**Description:** On the 2\textsuperscript{nd} Wednesday of each month, We assist the City & County of Swansea to maintain footpaths by pruning & strimming vegetation, or doing work such as stile repairs and bridge building. All members are welcome to help, so if you are free today to assist us, please contact Steve to find out more information.

---

Thursday 14\textsuperscript{th} May

**Llanmadoc**

**Leader:** Dave Stephens  
**Tel:** 07864-020630

**Description:** Walk lower Llanmadoc Hill to Broughton, return via the beach

**Meet:**  
- 10.30 a.m. Llanmadoc: Cwm Ivy Car Park *(honesty box)*

**Meeting Place:** Dogs remain on short leads  
**GR:** SS 440 935
EVENTS CANCELLED DUE TO CORONA VIRUS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Leader</th>
<th>Distance</th>
<th>Grade</th>
<th>Description</th>
<th>Meet</th>
<th>Meeting Place</th>
<th>Directions</th>
<th>GR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday 16th May</td>
<td>Pen y Cae &amp; Cribarth</td>
<td>Mike Clarke</td>
<td>6 Miles</td>
<td>Moderate</td>
<td>From our starting point, we walk to Pen y Cae School then climb gradually onto Cribarth via Abercrage Woods. Return along the footpath above the wood with glorious mountain views in all directions.</td>
<td>11.00 a.m. Pen-y Cae: Penwyllt Road: Park at bend in road</td>
<td>Dogs remain on short leads</td>
<td>A4067: Drive past Ancient Briton and Pen y Cae pubs. Turn right at brown Nature Reserve sign. Follow road to park at left hand bend (limited parking).</td>
<td>SN 848 145</td>
</tr>
<tr>
<td>Sunday 17th May</td>
<td>Fforest Fawr</td>
<td>Mark Wolle</td>
<td>13 Miles</td>
<td>Very strenuous</td>
<td>A 20.5km walk through generally open countryside to Pant Mawr then across Fforest Fawr. Turning, we then ascend to Fan Gyhirych and then onto Fan Nedd. Descend back to the car park. N.B. In the event of an adverse weather forecast, this walk could be varied as appropriate. Therefore, if considering going directly to the start, please notify the leader beforehand.</td>
<td>9.00 a.m. Between Guildhall and Victoria Park</td>
<td>GR: SS 643 923</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Monday 18th May</td>
<td>Mynydd Lluast/Tor Clawdd</td>
<td>Mike Clarke</td>
<td>3 miles</td>
<td>Easy/Moderate</td>
<td>A beautiful walk along country lanes &amp; up to Tor Clawdd, with glorious views of surrounding countryside.</td>
<td>10.00 a.m. Clydach: Craig Cefn Parc: Rhyd-y-gwin: Roadside opposite Craig Cefn Parc school (now closed).</td>
<td>Dogs remain on short leads</td>
<td></td>
<td>SN 675 036</td>
</tr>
</tbody>
</table>
Advance Notice

Thursday 13th August

Organiser: Myra Lewis
Tel: 07981-585640

Description: “Summer Social” at Bar St James 30 Uplands Crescent, Uplands Swansea SA2 OPB. Situated in the heart of Uplands, Bar St James’s owners have preserved and enhanced many of the original Art Nouveau features, whilst injecting plush and sumptuous surroundings. We have reserved on an “exclusive basis”, the second floor.

Date Bookings Open: 1st June
Date Bookings Close: 8th August

Social Event

Meal at Bar St. James

Wednesday 20th May

Leader: Mike Clinch
Tel: 07970-878393

Description: The walk starts at Ogmore Beach Car Park. It goes along the river to Ogmore Castle (possible coffee stop) followed by a short climb onto Ogmore Down then across the Down to St Bridges Major. Through some fields then down the valley back to the coast past the Heritage Centre. There's an option to visit the ruins of Dunraven Castle and its walled gardens (possible lunch stop) before heading back along the coastal path.

Meet: Meeting Place:
9.30 a.m. Llansamlet: Go Outdoors Car Park Dogs remain on short leads
10.30 a.m. Ogmore Beach: Rivermouth Car Park (charge)
GR: SS 682 974
GR: SS 862 756

Wednesday 20th May

Leader: Roger Brown
Tel: 07977-144074

Description: We’ll walk through quiet lanes down to Caswell for the evening light on the bay and then make our way back to Newton. Afterwards, we’ll visit The Newton Inn for refreshments.

Meet: Meeting Place:
7.00 p.m. Newton: Highpool Lane: On-road parking Dogs remain on short leads
GR: SS 602 885
### Saturday 23<sup>rd</sup> May

**West Cross and Mumbles**

**Leader:** Gerti Axtmann  
**Tel:** 07784-106531  
**Description:** From Wimble Wood Close, we are walking up to Mayals Road through beautiful wooded areas and are coming back via the common to Mumbles, walking through Oystermouth Cemetery and Oystermouth Castle. We then are strolling along the beach, passing Ripples Café and ending our stroll walking back to Linden Avenue.  
**Meet:**  
10.30 a.m. Between Guildhall and Victoria Park  
11.00 a.m. West Cross: Linden Avenue  
**Directions:** From Oystermouth Road, drive into Fairwood Road and turn left when you see the sign for West Cross Community Centre. Please park at the beginning of Linden Avenue as our walk starts at Wimble Wood Close.

### Sunday 24<sup>th</sup> May

**Brecon Beacons:**  
**Llanfrynach and Fan-y-Big**  
**Leader:** Howard and Joan Siddle  
**Tel:** 07909-770708  
**Description:** A circular walk around Cwm Oergwm taking in Fan-y-Big.  
**Meet:**  
8.30 a.m. Between Guildhall and Victoria Park  
9.45 a.m. Llanfrynach: Road outside Church.  
(Leaders will meet & greet at Llanfrynach)  
**Directions:** Heading west on A48 through Pontarddulais, turn left onto Pentre Road then right onto Gwynfryn Road. Follow to end and drive into park. Car park is on the right. SA4 8LG

### Monday 25<sup>th</sup> May

**Spring Bank Holiday**  
**Pontarddulais**  
**Leader:** Joanna & Mike Craddock  
**Tel:** 01269-851005  
**Description:** An easy walk from the Park, visiting the site of the Historic Church which was once on the marsh and now rebuilt in Saint Fagans.  
**Meet:**  
10.00 a.m. Coed Bach Park Car Park  
**Directions:** Heading west on A48 through Pontarddulais, turn left onto Pentre Road then right onto Gwynfryn Road. Follow to end and drive into park. Car park is on the right. SA4 8LG

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**EVENTS CANCELLED DUE TO CORONA VIRUS**
Tuesday 26th May  An Evening Walk  Gowerton

Leader: Peter Jones  3-4 miles  Leaders: Howard and Joan Siddle  12 miles
Tel: 07840-542048  Sunset is at: 9.17 p.m.  Tel: 07909-770708  Strenuous

Description: We’ll set off along the cycle path to pick up the Gower Way then head across the common and farmland. *Afterwards, we’ll drive a short distance for refreshments at the Farmers Arms in Swansea Road.*

Meet:  Meeting Place:  Dogs remain on short leads
7.00 p.m.  Gowerton: Car park on B4295 (see frequent meeting points)

Google Sat Nav: http://goo.gl/maps/TO4zn  GR: SS 591 964

Wednesday 27th May  Crickhowell to Abergavenny

Leaders: Howard and Joan Siddle  12 miles
Tel: 07909-770708  Strenuous

Description: Ascent of Sugar Loaf via Llangenny and western ridge. Descend to Abergavenny to catch the 4.00 p.m. bus back to Crickhowell. *(Don’t forget your bus pass).*

Meet:  Meeting Place:  Registered Assistance Dogs Only
8.30 a.m.  Llansamlet: Go Outdoors Car Park  GR: SS 682 974
10.00 a.m.  Crickhowell: Beaufort Street Car Park *(charge)*

Directions: *Turn off A40 opposite Crickhowell Sports Ground – signposted “P”. & Llanbedr. (Leaders will meet & greet at Crickhowell)*  GR: SO 219 184

Saturday 30th May  Bethlehem and Garn Goch

Leader: Andrew Morgan  6 miles
Tel: 07719-409504  Moderate

Description: Christmas has come early this year so we may have a better chance of good weather to explore the area around Garn Goch. This will be a slow-paced walk that will ascend Pen y Bicws for 360° views of the Towy Valley and surrounding area. *Afterwards we’ll go for refreshments at The Cennen Arms.*

Meet:  Meeting Place:  Dogs remain on short leads
9.45 a.m.  Between Guildhall and Victoria Park  GR: SS 643 923
11.00 a.m.  Bethlehem: Garn Goch: SA19 6YY  GR: SN 681 242

*(Limited car parking: Please share cars from Guildhall).*

Google Sat Nav: http://goo.gl/maps/qzjKy  GR: SN 681 242
EVENTS CANCELLED DUE TO CORONA VIRUS

Sunday 31st May

Mynydd Myddfai and the Usk Reservoir
Joint with Gower Society

Leader: John France
Tel: 01792-547439 or 07719-829106

Description: A walk via Usk reservoir to the Roman Camps and along the ridge of Mynydd Myddfai with splendid views. Weather can change suddenly so equip yourself accordingly. Boots and good clothing needed.

Meet: Meeting Place: Registered Assistance Dogs Only
8.45 a.m. Between Guildhall and Victoria Park GR: SS 643 923
10.00 a.m. Pont-ar-Wysg Car Park

Directions: A4067 northwards up the Swansea Valley. About a mile above Dan-yr-Ogof Caves, take a left turn, signed Trecastle. This road is scenic and narrow, ascending across moorland then descending through forest onto farmland. At a T-junction, turn left, signed Llanddeusant. After about 3 miles, pass through a wooded area. Just before a cattle grid, bridge & moorland, turn left into car park.

GR: SS 820 271

Sunday 31st May

Social Event
Canoeing in Clydach

Organiser: Myra Lewis
Tel: 07981-585640

Description: Canoeing and refreshments. Booking essential. An email will be sent out to members on the mailing list prior to this date.

A visit to see the restoration of the National Botanic Garden lakes
June

**Monday 1st June**  
*Secret Suburban Swansea 1: Langland and Newton*  
*One of a Series of Easier Walks with Friends*

Leader: Richard Beale  
Tel: 079059-74986  
2.5 miles  
Easy

**Description:** Come and explore parts of Langland and Newton.

**Meet:**  
Meeting Place:  
Dogs remain on short leads
10.00 a.m.  
Mumbles: Free car park at the top of Underhill Park

**Directions:**  
From Mumbles take Newton Road straight on past Oystermouth School and at the top of the Park turn left into the car park. (Bus route 2 passes nearby).

GR: SS 607 879

**Tuesday 2nd June**  
*Little Milford*

Leader: Tim Gronow  
Tel: 07710-231630  
7 miles  
Moderate

**Description:** A farmland walk along the bank of Western Cleddau, near Hook.

**Meet:**  
Meeting Place:  
Registered Assistance Dogs Only
9.30 a.m.  
Cross Hands: B&M Car Park  
GR: SN 563 131
10.30 a.m.  
Little Milford Wood Car Park  
GPS: 51.769, -4.952  
GR: SM 964 119

**Tuesday 2nd June**  
*An Evening Walk: Cefn Bryn*

Leader: Cathy Shepherd  
Tel: 01792-538588  
3 miles  
Easy/Moderate

**Description:** A short climb to the second highest point on Cefn Bryn is followed by an easy stroll around this historical area with fantastic views from all points. Afterwards, we'll go for refreshments at the King Arthur.

**Meet:**  
Meeting Place:  
Registered Assistance Dogs Only
7.30 p.m.  
Reynoldston: On the road near the King Arthur Hotel, *(NOT on drive to hotel).*  
GR: SS 482 899
EVENTS CANCELLED DUE TO CORONA VIRUS

Saturday 6th June

Social Event:
Coach Trip to Gloucester Docks

Organiser: Lynne Esson
Tel: 01792-845845

Description:
The Social Committee has arranged a day trip to Gloucester Docks.
The Docks has something for everyone – Museums, Leisure Cruises, shopping, or walk into the city and visit the Cathedral with 1,000 years of history. So much to see and do!
The journey will take approx. 2 hours. We will leave the Docks at 5.30 p.m. Early Booking for the coach is essential since we expect this enjoyable day to be oversubscribed. Contact Lynne Esson (01792-845845) NOW to secure your seat on the coach. Cost of the coach will be £10.00 and will be non-refundable. Cheques payable to: Swansea Ramblers Social Fund.

Meet: Meeting Place:
9.00 a.m. Between Guildhall and Victoria Park GR: SS 643 923

Sunday 7th June

Two Lesser Known Valleys:
Blackmill & Ogmore

Leaders: Richard Beale & Karen Gibbs
Tel: 07505-974986

Description: Starting near Blackmill, we gradually climb up onto open farmland and a forest. If we are lucky, we should go through a field of bluebells. At the top of the valley we reach a windfarm from where there should be good views across the Bristol Channel. (This walk is based on a Ramblers Route prepared by Tony Yule of Taff Ely Ramblers).

Meet: Meeting Place:
9.00 a.m. Between Guildhall and Victoria Park Registered Assistance Dogs Only GR: SS 643 923
10.00 a.m. Blackmill: Isfryn Industrial Estate CF35 6EQ.

Directions: The industrial estate is just off the A4093 just outside Blackmill on the road to Tonyrefail. (It is signposted off this road). Turn downhill into the estate then turn left and park on the road in front of the Coppice factory.

Google Sat Nav: https://goo.gl/maps/6whsdCKTs7gfZ53N7 GR: SS 939 869
**EVENTS CANCELLED DUE TO CORONA VIRUS**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Title</th>
<th>Leader</th>
<th>Distance</th>
<th>Difficulty</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monday 8th June</strong></td>
<td><strong>Secret Suburban Swansea 2:</strong> Newton and West Cross</td>
<td>Richard Beale</td>
<td>2.5 miles</td>
<td>Easy</td>
</tr>
<tr>
<td></td>
<td><em>One of a Series of Easier Walks with Friends</em></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Leader:</td>
<td>Richard Beale</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tel:</td>
<td>07905974986</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Description:</td>
<td>Come and explore parts of Newton, West Cross and Mumbles with some good views.</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Meet:</td>
<td>Meeting Place: Dogs remain on short leads</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>10.00 a.m. Mumbles: Free car park at the top of Underhill Park</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Directions:</td>
<td><em>From Mumbles take Newton Road straight on past Oystermouth School and at the top of the Park turn left into the car park.</em></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(Bus route 2 passes nearby).</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>GR:</td>
<td>SS 607 879</td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

| **Tuesday 9th June** | **Mynydd Du / Black Mountain** | Paul Tarrant           | 6 miles   | Strenuous |
|                     |                                |                         | Ascent: 820ft (250m) |           |
| Leader:             | Paul Tarrant                   |                         |          |            |
| Tel:                 | 07483-277089                   |                         |          |            |
| Description:        | Walk the Black Mountain (*Mynydd Du*) from the limestone quarries above Brynamman and ascend Moel Gornach which is 2,014ft high. The walk goes over mountainous limestone country with caves and sink holes to Foel Fawr where there are fine, distant views of the Carmarthen Fans and the gorge of the River Twrch. This is a walk in rough, mountain country, so good boots and full waterproofs are essential, (although hopefully the latter will not be needed this time!). | | | |
| Meet:                | Meeting Place: Registered Assistance Dogs Only | | | |
|                      | 9.15 a.m. Llansamlet: Go Outdoors | | | |
|                      | 10.15 a.m. Brynamman (North of): A4069 (The Black Mountain Road): Car Park on eastern (right-hand) side of the road by the quarries. | | | |
| GR:                  | SS 682 974                      |                         |          |            |
|                      | SN 732 187                      |                         |          |            |
**EVENTS CANCELLED DUE TO CORONA VIRUS**

<table>
<thead>
<tr>
<th>Tuesday 9&lt;sup&gt;th&lt;/sup&gt; June</th>
<th>An Evening Walk: Llansamlet 1</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Leader:</strong> Andrew Morgan</td>
<td><strong>3-4 miles</strong></td>
</tr>
<tr>
<td>Tel: 07719-409504</td>
<td><strong>Easy</strong></td>
</tr>
<tr>
<td>Sunset is at 9.33 p.m.</td>
<td></td>
</tr>
</tbody>
</table>

**Description:** Explore the hidden countryside around the Enterprise Zone. If you think the area is just retail units, come along and discover ponds with waterfowl, the River Tawe and its flood relief scheme, the Swansea Vale Nature Reserve with boardwalk and the upper stretches of the River Fendrod as we follow nature corridors between the business units. If you enjoyed the spring walk, come along again to see the area in summer. *Afterwards, we’ll go for refreshments at the Plough and Harrow to thank them for the free parking.*  
*Part 2 will be on Tuesday 18<sup>th</sup> August.*

**Meet:**
- **Meeting Place:** Dogs remain on short leads
- 7.00 p.m.
- Llansamlet: Church Road: Plough & Harrow Car Park

**Path Maintenance Work Party**

<table>
<thead>
<tr>
<th>Wednesday 10&lt;sup&gt;th&lt;/sup&gt; June</th>
<th>Path Maintenance Work Party</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Co-ordinator:</strong> Steve Robson</td>
<td><strong>Tel:</strong> 07758-468212</td>
</tr>
<tr>
<td><strong>Description:</strong> On the 2&lt;sup&gt;nd&lt;/sup&gt; Wednesday of each month, We assist the City &amp; County of Swansea to maintain footpaths by pruning &amp; strimming vegetation, or doing work such as stile repairs and bridge building. All members are welcome to help, so if you are free today to assist us, please contact Steve to find out more information.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Saturday 13&lt;sup&gt;th&lt;/sup&gt; June</th>
<th>Nicholaston and Oxwich</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Leader:</strong> Mike Lewis</td>
<td><strong>6 Miles</strong></td>
</tr>
<tr>
<td>Tel: 01792-937575</td>
<td><strong>Moderate</strong></td>
</tr>
<tr>
<td><strong>Description:</strong> We’ll walk through Nicholaston Woods, making our way to the Oxwich Hotel. The return journey will be via the Oxwich National Nature Reserve. We’ll have lovely views all the way in this popular area of Gower.</td>
<td></td>
</tr>
</tbody>
</table>

**Meet:**
- **Meeting Place:** Dogs remain on short leads
- 11.00 a.m.
- Penmaen: Rose Cottage

**Directions:** *Take South Gower Road, (A 4118) through Parkmill and ascend to Penmaen. After the 2<sup>nd</sup> right, the car park for ‘Rose Cottage’, (unsigned) is on the left. Limited parking here (likely to be full in summer), so use the grass parking area back at that 2<sup>nd</sup> right - or if full, continue along the narrow road for ¼ mile to park in N.T. Car Park above Penmaen Church.(Allow extra travelling time for parking).*

**Google Sat Nav:** [http://goo.gl/maps/CJrc6](http://goo.gl/maps/CJrc6)  
**GR:** SS 526 884
Sunday 14th June  

Welsh Valleys 2  
Blaengarw and Mynydd Llangeinwyr in the Garw valley  
A moderately paced walk

Leader: Gail Allen  
Tel: 01792-469232  
7.5 miles  
Moderate

Description: Following our ‘Welsh Valleys I’ walk on Sunday 3rd May, we’ll explore the area we saw in the distance that day. There will be lots of level ridge and valley walking but also a slow steep climb at the start, rising from 200 metres to 550 metres. Exceptional views. Admire the sculpture celebrating the composing in Blaengarw of the hymn Calon Lân in 1890.

Meet:  
Meeting Place: Registered Assistance Dogs Only  
9.30 a.m.  
Llansamlet: Go Outdoors  
GR: SS 682 974  
10.30 a.m.  
Blaengarw: Parc Calon Lân

Directions: M4 J36: Go north on A4061. At Bryncoch, turn left onto A4065. At Abergarw, turn right onto A4064, following signs for Pontycymer. Then to Blaengarw. Turn left onto Gwendoline Street, following brown sign for Parc Calon Lân then descend left at brown sign to park for free in Parc Calon Lan.  
CF32 8AP  
Google Sat Nav: https://goo.gl/maps/1cxLsBZMfzAvcNBq6  
GR: SS 899 931

Wednesday 17th June  

5 Bays Walk

Leader: John Pritchard-Jones  
Tel: 01792-366441  
5 miles  
Easy/Moderate

Description: We start with a steep climb up Mumbles Head and on to Langland, down to the Golf Club and on to Caswell Bay via Bishop’s Wood. The return walk will follow the coastal path back to the Mumbles via Langland, Rotherslade, Limeslade, Bracelet and the pier with optional refreshments at the Pilot Inn.

Meet:  
Meeting Place: Dogs remain on short leads  
10.00 a.m.  
Mumbles: Outside The George Hotel  
GR: SS 622 878
EVENTS CANCELLED DUE TO CORONA VIRUS

Friday 19th June

An Evening Walk:
Morriston 1
Two parks and some history

Leader: Sarah Goodall
Tel: 07584-176051

Description: A walk around Morriston Park, once the site of the mansion and estate of Robert Morris, the pioneering industrialist who developed the village of Morriston. The walk around Morriston Park will take about 40 minutes, after which time you’ll have the option to leave the walk or to continue with me for the whole walk, passing over nearby Trewyddfa Graig to Llewellyn Park for more history of the area. Full walk is about 2 hours.

Meet: Meeting Place:
7.00 p.m. Morriston: Park Lodge Road: SA6 6AF

Directions: From Morriston Cross, head west on A48. Turn left onto Vicarage Road then Park Lodge Road is 2nd right.

Google Sat Nav: https://goo.gl/maps/a6hJCg4vEBybS6FQ8

GR: SS 665 983

Saturday 20th June

Blackmill Circular
via Bryn Garw Country Park
(See next entry about the optional social)

Leader: Paul Williams
Tel: 07766-321291

Description: Starting along the cycle path from Blackmill Cattle Market to Brynmenyn, we’ll pass through Bryngarw Country Park with its Japanese garden before a slight uphill section to Llangeinor. We’ll have lovely and extensive 360° views over the surrounding mountains before returning to the start. There will be at least 2 stiles.

Meet: Meeting Place:
11.00 a.m. Bridgend: Blackmill – Cattle Market car park. CF35 6DR

Directions: Travel time 45min: Leave M4 at J36 (Sarn Services). Stay in left hand lane. Take 2nd exit (sign posted Bryncethin A4061) then continue on A4061, signposted Nantymoel. After entering Blackmill at bottom of hill, turn left after MURCO garage and before the Fox and Hounds Pub. Follow lane around back of Smithy Café and turn left to cross river bridge to enter Blackmill Cattle Market Car Park.

Google Sat Nav: https://goo.gl/maps/NUZ56BmUgoT2

Google StreetView: https://goo.gl/maps/qLnyCk89LgA2

GR: SS 933 868
**Saturday 20th June**

**Social Event**

**Paul and Nigel’s Garden Party**

*(After the walk)*

**Organiser:** Myra Lewis  
**Tel:** 07981-585640

**Description:** Jacket Potatoes with various fillings, salad, cakes with tea and coffee. £6.00 per person. Booking essential. Start 3 p.m. after walk.

**Closing Date:** Saturday 13th June 2020. An email will be sent out to members on the mailing list prior to this date.

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**Sunday 21st June**

**Craig y Ddinas and the waterfalls**

**Leader:** Clive Rees  
**Tel:** 07969-378750

**Description:** A walk visiting amongst other waterfalls, Sqwd y Eira. Going underfoot is expected to be rocky and damp but there are no major hills, just some up and down. Clive expects to go at a pace suitable for most members but be prepared to cross by the water.

**Meet:**  
**Meeting Place:** Dogs remain on short leads  
8.30 a.m. Between Guildhall and Victoria Park  
9.30 a.m. Pontneddfechan: Craig y Ddinas Car Park

**Google Sat Nav:** [https://goo.gl/maps/4wmxz795xfJh7wyz7](https://goo.gl/maps/4wmxz795xfJh7wyz7)  
**GR:** SN 911 079

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**Tuesday 23rd June**

**Fan y Big**

**Leader:** Julia Robson  
**Tel:** 07881-307548

**Ascent:** 1,800 ft. (550m)  
**Strenuous**

**Description:** A circular walk ascending to the summit of Fan y Big via the Cefn Cyff Ridge, returning down a Roman road.

**Meet:**  
**Meeting Place:** Dogs remain on short leads  
9.15 a.m. Llansamlet: Go Outdoors Car Park  
10.30 a.m. Cantref: Layby opposite Church of St. Mary

**GPS:** 51.920,-3.374  
**GR:** SO 056 255
**Thursday 25th June**

**An Evening Walk: Three Parks Walk**

**Leader:** Joanna & Mike Craddock  
**Tel:** 01269-851005

3 miles  **Easy**  
Sunset is at 9.37 p.m.

**Description:** A gentle, evening stroll through some of Swansea’s lovely parks. A green resource within the centre of the city, we’ll enjoy the parks at their best in the quiet of the evening. *Afterwards we will go for refreshments to the Bay View Hotel.*

**Meet:**  
**Meeting Place:** Registered Assistance Dogs Only  
7.00 p.m. Between Guildhall and Victoria Park  
GR: SS 643 923

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**Saturday 27th June**

**Ogmore-by-Sea & Southerndown**

**Leader:** Gail Allen  
**Tel:** 01792-469232

6 miles  **Easy/moderate**

**Description:** A seaside cliff-top walk, then through woodland and fields.

**Meet:**  
**Meeting Place:** Dogs remain on short leads  
10.00 a.m. Between Guildhall and Victoria Park  
11.00 a.m. Ogmore: Grass car park  
GR: SS 643 923

**Directions:** *Take A48 to south of Bridgend, then right on B4265, then right on B4524. Go past castle on right and pub on left. Go past junction on left for Heol-y-Mynydd then park in grass car park on right.*

GR: SS 874 762

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**Sunday 28th June**

**N.B. Two walks today**

**Afan Argoed**  
*Joint with Gower Society*

**Leader:** Bob Denley  
**Tel:** 01792-371248 or 07766-554480

12 miles  **Strenuous**

**Description:** Up to the Mountain Centre, across to Cwm Blaenpelenna, pass Twyn Pumerw, along St. Illtud’s Walk, down Cwm Cregan and home. *Great views and 3 or 4 good climbs!*  

**Meet:**  
**Meeting Place:** Registered Assistance Dogs Only  
9.00 a.m. Between Guildhall and Victoria Park.  
9.50 a.m. Afon Argoed Centre.  
GR: SS 643 923  
GR: SS 821 950
## Sunday 28th June

**N.B. Two walks today**

### Walk and Social Event:

**Mumbles and Langland**

- followed by a Garden Visit

#### Leader: Myra Lewis & Gerti Axtmann

- 3 miles
- Easy

**Tel:** 07981-585640 (Myra – Walk)

**Tel:** 07784-106531 (Gerti – Garden)

**Description:** We’ll enjoy a short walk around Mumbles and Langland then visit a beautiful hilltop garden which backs onto woodland overlooking Swansea Bay. This visit is part of the ‘Open Garden’ scheme. Admission is £5 which includes a drink. There is also the opportunity to sample home-made cakes for a small donation. All monies go to charity. Join the leaders for the walk or later at the garden. There are no toilet facilities at the venue.

**Meet:**

- **Meeting Place:** Dogs remain on short leads
- **For Walk:** Mumbles: Worcester Road *(Park in Worcester DRIVE)*
- **For Garden:** Mumbles: Worcester Road

**Directions:** *Ascend Newton Road, turning left at the traffic lights. At Langland Corner, take the second left into Higher Lane then 3rd left into Worcester Drive.* *(Alternatively, you can use Plunch Lane but summer traffic through Mumbles may be busy). Park considerately in Worcester Drive (or surrounding area) then walk to Worcester Road to meet the leader.*

**Google Sat Nav:** [https://goo.gl/maps/YFeJNt9vW645vzk99](https://goo.gl/maps/YFeJNt9vW645vzk99) 

**GR:** SS 615 876

## Monday 29th June

**N.B. Walk and social today**

### Glyncorrwg and the Afan Valley

- One of a Series of Easier Walks with Friends

#### Leader: Richard Coombs

- 5 miles
- Easy/Moderate

**Tel:** 07422-534365

**Description:** A walk past the ponds to Abercregan then returning along the same route to Glyncorrwg.

**Meet:**

- **Meeting Place:** Dogs remain on short leads
- **For Walk:** Glyncorrwg: Junction of Bridge Street/Castle Street by the community centre.

**Directions:** *M4: Jct.40: Take A4107 to Cymmer. Head north for about two miles to Glyncorrwg then turn left onto Bridge Street. Crossing the river bridge, you pass the old post office and arrive at a mini roundabout (with the community centre on your left). Room for 6 cars here with additional on street parking nearby.*

**GR:** SN 875 992
**Monday 29th June**  
*N.B. Walk and social today*

**Social Evening:**  
Meal and Leaders’ Meeting at The Woodman Inn

We will be visiting the Woodman Inn for a meal, chat and social. No need to book, just turn up and order at the bar. While the social is taking place, we will also be putting together the next programme, so please think about a walk (or walks) that you could lead. Remember, this is a social for everyone, not just the leaders. Come along and enjoy, whether you’re coming for food or just a drink.

Thinking you could lead your first walk but don’t know where to start? *If you have never led before then have a chat with us; we will help you get started. Maybe you could begin with a short, easy walk. A couple of miles one evening only takes an hour. It’s not as hard as you think!*

**Meet:**  
6.30 p.m.  
**Meeting Place:**  
Blackpill: The Woodman Inn

**Tuesday 30th June**  
**Ogof Ffynnon Ddu National Nature Reserve**

**Leader:** Paul Tarrant  
**Tel:** 07483-277089

<table>
<thead>
<tr>
<th>Distance</th>
<th>Ascent</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 miles</td>
<td>656ft (200m)</td>
<td>Moderate</td>
</tr>
</tbody>
</table>

**Description:** A walk on the surface limestone over one of Wales’ longest cave systems. We will start at Penwyllt and walk up a steeply ascending tramroad onto the nature reserve by Carreg Cadno and follow part of the Beacons Way footpath. The limestone terrain we will follow is attractive and distinctively different to the sandstone hills and mountains of the Beacons.

**Meet:**  
9.15 a.m.  
**Meeting Place:**  
Llansamlet: Go Outdoors Car Park

10.00 a.m.  
**Meeting Place:**  
Penwyllt: Car parking by abandoned quarry

**GR:** SS 682 974  
**GR:** SN 855 155
<table>
<thead>
<tr>
<th>Day</th>
<th>Walk Description</th>
<th>Leader</th>
<th>Distance</th>
<th>Difficulty</th>
<th>Meeting Time</th>
<th>Meeting Place</th>
<th>Directions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>An Evening Walk: Mumbles &amp; Langland</td>
<td>Christine Rees</td>
<td>3-4 miles</td>
<td>Easy/Moderate</td>
<td>7.00 p.m.</td>
<td>Mumbles: Plunch Lane: Forte’s Café</td>
<td>Sunset is at 9.36 p.m.</td>
</tr>
<tr>
<td>1st July</td>
<td>A pleasant, evening walk to unwind after the day. Join Christine on a walk along</td>
<td>Tel: 01792-403547 &amp; 07967-716568</td>
<td></td>
<td></td>
<td></td>
<td>GR: SS 625 871</td>
<td>A walk along the coast path and cliffs to Langland and back. Afterwards</td>
</tr>
<tr>
<td></td>
<td>the day. Join Christine on a walk along the coast path and cliffs to Langland and</td>
<td></td>
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<td></td>
<td></td>
<td></td>
<td>we will go for refreshments to The Pilot.</td>
</tr>
<tr>
<td></td>
<td>back. <strong>Afterwards we will go for refreshments to The Pilot.</strong></td>
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<tr>
<td>Saturday</td>
<td>Carreg Cennen</td>
<td>Joanna &amp; Mike Craddock</td>
<td>6 miles</td>
<td>Moderate/Stren</td>
<td>11.00 a.m.</td>
<td>Llandeilo: Trap: Carreg Cennen Castle Car Park</td>
<td>From Pont Abraham (M4 Junction 4), take third exit (A483) through</td>
</tr>
<tr>
<td>4th July</td>
<td>A circular walk with views of fantastic countryside (weather permitting!). A usual</td>
<td>Tel: 01269-851005</td>
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<td></td>
<td>Ammanford, turning left at the town centre traffic lights towards Llandeilo.</td>
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<td>Saturday walk but a little more challenging, undulating with steep up and down</td>
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<td></td>
<td>In Llandybie, turn right onto minor road, following signs for Castell Carreg</td>
</tr>
<tr>
<td></td>
<td>sections. <em>(If in doubt regarding the walk’s suitability for you, phone the leader for advice).</em></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Cennen.*</td>
</tr>
<tr>
<td></td>
<td><strong>If in doubt regarding the walk’s suitability for you, phone the leader for advice.</strong></td>
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<td></td>
</tr>
<tr>
<td>Sunday</td>
<td>Taf Fechan Skyline</td>
<td>Alan Warren &amp; Halina Sirbeck</td>
<td>9 miles</td>
<td>Strenuous</td>
<td>9.00 a.m.</td>
<td>Between Guildhall and Victoria Park</td>
<td><em>N.B. Three walks today</em></td>
</tr>
<tr>
<td>5th July</td>
<td>This circular walk along the Taf Fechan skyline encompasses the summits of Cribyn,</td>
<td>Tel: 07729-907969</td>
<td></td>
<td></td>
<td>10.00 a.m.</td>
<td>Brecon Beacons: Neuadd NRW Car Park</td>
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<tr>
<td></td>
<td>Pen Y Fan and Corn Du, plus a fine escarpment above the Taf Fechan Valley.</td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Dogs remain on short leads</strong></td>
<td></td>
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<td></td>
<td></td>
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</tbody>
</table>

**Note:**
- Dogs remain on short leads.
- **Sunset is at 9.36 p.m.**
- **If in doubt regarding the walk’s suitability for you, phone the leader for advice.**
- **From Pont Abraham (M4 Junction 4), take third exit (A483) through Ammanford, turning left at the town centre traffic lights towards Llandeilo.**
- **In Llandybie, turn right onto minor road, following signs for Castell Carreg Cennen.**
**Sunday 5\(^{th}\) July**

**N.B. Three walks today**

______

**A Figure of Eight Walk**

(for beginners AND regulars!)

Begin walking with Swansea Ramblers on a short stroll, either in the morning or afternoon. After the morning session, you have the option to do the afternoon walk. Regular walkers can do both walks to enjoy a combined distance of about 6-8 miles.

<table>
<thead>
<tr>
<th>Meet:</th>
<th>Meeting Place:</th>
<th>Dogs remain on short leads</th>
</tr>
</thead>
<tbody>
<tr>
<td>See Below</td>
<td>West Cross Inn: Promenade</td>
<td>GR: SS 615 893</td>
</tr>
</tbody>
</table>

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**Sunday 5\(^{th}\) July**

**N.B. Three walks today**

______

**Mumbles Way**

**The morning walk**

Part 1 of a Figure of Eight Walk

Leader: Christine Rees
Tel: 01792-403547

**Description:** A walk from West Cross to Blackpill where we join the Mumbles Way into Clyne Country Park and Gardens. The walk continues through West Cross back to the start where we can enjoy our packed lunch before the option to set off on the afternoon walk.

<table>
<thead>
<tr>
<th>Meet:</th>
<th>Meeting Place:</th>
</tr>
</thead>
<tbody>
<tr>
<td>11.15 a.m.</td>
<td>See above</td>
</tr>
</tbody>
</table>

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**Sunday 5\(^{th}\) July**

**N.B. Three walks today**

______

**Mumbles Way**

**The afternoon walk**

Part 2 of a Figure of Eight Walk

Leader: Christine Rees
Tel: 01792-403547

**Description:** From West Cross, we’ll follow the promenade to Norton where we head inland to Oystermouth Castle and follow the Mumbles Way onto the hidden woodland of Mumbles Ridge then Mumbles Hill. Descending beside the George in Mumbles, we’ll return along the promenade to the West Cross Inn for refreshments.

<table>
<thead>
<tr>
<th>Meet:</th>
<th>Meeting Place:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.30 p.m.</td>
<td>See above</td>
</tr>
</tbody>
</table>

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**Wednesday 8\(^{th}\) July**

**Path Maintenance Work Party**

Co-ordinator: Steve Robson
Tel: 07758-468212

**Description:** On the 2\(^{nd}\) Wednesday of each month, We assist the City & County of Swansea to maintain footpaths by pruning & strimming vegetation, or doing work such as stile repairs and bridge building. All members are welcome to help, so if you are free today to assist us, please contact Steve to find out more information.
Thursday 9th July

Leader: Richard Coombs
Tel: 07422-534365
Description: A walk from Ponthrydyfen with a bit of a climb which we'll take at a nice easy pace. Great views from the top. Return via Cwmavon.
Meet: Meeting Place:
10.00 a.m. Ponthrydyfen: Rhyslyn Car Park
Directions: M4: Junction. 40: Take A4107 then turn left on B4287. Car park is sign-posted from viaduct.

Friday 10th July

Leader: Sarah Goodall
Tel: 07584-176051
Description: A walk around Morriston Park, once the site of the mansion and estate of Robert Morris, the pioneering industrialist who developed the village of Morriston. The walk around Morriston Park will take about 40 minutes, after which time you'll have the option to leave the walk or to continue with me for the whole walk, passing over nearby Trewyddfa Graig to Llewellyn Park for more history of the area. Full walk is about 2 hours.
Meet: Meeting Place:
7.00 p.m. Morriston: Park Lodge Road: SA6 6AF
Directions: From Morriston Cross, head west on A48. Turn left onto Vicarage Road then Park Lodge Road is 2nd right.

Google Sat Nav: https://goo.gl/maps/a6hJCg4vEBybS6FQ8

Saturday 11th July

Leader: Gail Allen
Tel: 01792-469232
Description: EXTRAS on this walk include a Geo Heritage trail, a Brunel Viaduct, a local man’s Memory Walk and a cave.
Meet: Meeting Place:
10.00 a.m. Between Guildhall and Victoria Park
11.00 a.m. Pont Walby Geo Heritage Car Park
Directions: A465 north, ignoring exit for 'McDonalds' to use 2nd exit for Glyn Neath. At T-junction, (by Dinas Rock Hotel), turn right to pass through Pont Walby. Go under the A465 flyover then around a sharp left-hand bend. Continue uphill to a car park on left. (1st section is a bus turning area.)
# EVENTS CANCELLED DUE TO CORONA VIRUS

## Saturday 11th July
**Laugharne and Llandawg**

**N.B. Two walks today**

| Leader: Huw Davies / Gary Evans | 9 Miles |
| Tel: 01792-411952 (Huw) or 07751-090755 (Gary) | Moderate |

**Description:** A circular walk including farmland, estuary, woodlands, castle and old churches. We will also visit St Martin’s Church where Dylan Thomas is laid to rest.

**Meet:**
10.30 a.m. **Meeting Place:** Registered Assistance Dogs Only

Laugharne: Town car park

GR: SN 301 107

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## Sunday 12th July
**Glamorgan Area Walks**

**Southerndown**

| Leaders: Vale of Glamorgan | 5 miles OR 10 miles OR 15 miles |
| Tel: See below | Moderate or Strenuous |

**Description:** Our annual get-together to walk with other Ramblers Groups in Glamorgan. Come and meet fellow Ramblers and experience a walk on the door step of *The Vale of Glamorgan Ramblers* as they lead us on one of three walks from Dunraven.

**Meet:**
10.00 a.m. **Meeting Place:** Registered Assistance Dogs Only

Southerndown: Dunraven Bay Car Park (charge)

10.30 a.m. For 15 mile walk (Leader: Gwion 07720-350759)

11.00 a.m. For 5 mile walk (Leader: Ruth 07966-133389)

**Directions:** M4 east to J37: A48 east: Right onto B4265 to St Brides Major: Right onto B4524: Left on Beach Road

**Sat Nav:** https://goo.gl/maps/Fyn1rBoF7ShaFhUv5  
GR: SS 885 731

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## Wednesday 15th July
**Southgate to Langland**

**Leader: Colin Warlow**

| 6 miles |
| Tel: 07856-233312 | Moderate |

**Description:** Catch the number 14 bus at 9.30 a.m. from Swansea Bus Station, arriving in Southgate at 10.08 a.m. Follow the coast path to Rotherslade to catch the return bus from Langland Corner back to Swansea. Check bus times & don’t forget your bus pass!

**Meet:**
9.15 a.m. **Meeting Place:** Dogs remain on short leads

Swansea: Quadrant Bus Station: Bus 14 departing 9.30 a.m.  
(or join the bus at any point along the route)

GR: SS 653 928
Thursday 16th July
An Evening Walk:
Fish and Chips (and a Stroll!)
Penclawdd & Burry Inlet
Leader: Alison Broady & Myra Lewis
Tel: 07926-285806 (AB)
01792-429804 (ML)
Moderate
Sunset is at 9.25 p.m.
Description: Last year’s pre-walk Fish and Chips’ take-away was very popular so we’ll again have the option to arrive early to sample the chips and maybe even the deep fried cockles! After that, the walk will go through fields above Penclawdd with stunning views along the Burry Estuary. We’ll drop down into Crofty and walk back along the seafront as dusk falls. Afterwards we’ll go to the Rake and Riddle for refreshments.
Meet: Meeting Place: Dogs remain on short leads
6.15 p.m. Penclawdd: Seafront Car Park (free) 7.00 p.m.
6.15 p.m. for chips, 7 p.m. for the walk
GR: SS 545 959

Saturday 18th July
Coach Trip:
Chipping Campden
Leader: Tim Gronow
Tel: 07710-231630 (for walk information only)
Moderate
Description: We’ll travel by coach to Cheltenham Racecourse station where we will take the steam train to Broadway. After an early lunch, we will walk to Chipping Campden. It will be a moderate walk with an ascent of 980ft. – that’s one steady climb out of Broadway to Broadway Tower and then a steady descent to Chipping Campden. Depending on the weather, it may be muddy in places. Dress for weather - waterproofs etc. and bring enough food and drink for the full day. No toilets on coach but should be available at station.
An optional one-course meal has been booked at The Beckford Inn in Tewkesbury at 6.00 p.m. The coach will depart for Swansea at 7.30 p.m. and will take approximately 2 hours to get back.
Costs: (non-refundable)
Coach/Train: £20.00 Optional Meal: £10.00
Cheques payable to: Swansea Ramblers Social Fund
Early Booking for the coach is essential since we expect this enjoyable day to be oversubscribed. Contact Lynne Esson (01792-845845) NOW to secure your seat on the coach AND Myra Lewis (07981-585640) NOW for your menu booking.
Booking Close: 4th July
Meet: Meeting Place: Registered Assistance Dogs Only
8.15 a.m. Between Guildhall and Victoria Park
GR: SS 643 923
EVENTS CANCELLED DUE TO CORONA VIRUS

Sunday 19th July  
Carn Fach  
Joint with Gower Society

Leader: Mark Wolle  
Tel: 07557-478789  

11 Miles  
Ascent: 2,460ft (750m)  
Strenuous

Description: An 18km walk through forestry and cleared hillside over Pen y Cymoed to Carn Fach, the highest point in Glamorgan. N.B. In the event of an adverse weather forecast, this walk could be varied as appropriate. Therefore, if considering going directly to the start, please notify the leader beforehand.

Meet:  
Meeting Place:  
Dogs remain on short leads  
9.00 a.m. Between Guildhall and Victoria Park  
10.00 a.m. Blaencwm: Pen Pych Forest Car Park

GR: SS 643 923  
GR: SS 924 991

Monday 20th July  
West Cross to Rotherslade  
One of a Series of Easier Walks with Friends

Leader: Dave Stephens  
Tel: 07864-020630  

4 miles  
Easy

Description: West Cross via Underhill Park to Rotherslade & the Coast Path. Continue along the coast to Bracelet Bay then onto Mumbles front for a level walk back to West Cross for refreshments at the West Cross Inn.

Meet:  
Meeting Place:  
Dogs remain on short leads  
10.00 a.m. West Cross: Grange Road: SA3 3ES (On-street parking)

Directions: Follow Mumbles Road to West Cross, turning uphill at the mini roundabout then 1st left into West Cross Lane. Take 1st right onto Grange Road.  
GR: SS 613 893

Tuesday 21st July  
An Evening Walk:  
Sunflowers at Rhosili

Leader: Andrew Morgan  
Tel: 07719-409504  

3-4 miles  
Moderate  
Sunset is at 9.17 p.m.

Description: National Trust now promotes ‘Rhosili’ as the correct spelling. This evening’s walk is (hopefully) to see their magnificent display of Sunflowers that should be in bloom from late July into early August. Traffic jams were a feature last year when hundreds of people came to see the incredible planting of Sunflowers but in the evening, things should be a bit quieter! Even if you have no interest in flowers or if we are too early in the season for the full display, a walk through the ancient field system of the Vile with the evening light on Worms Head is a very pleasant way to end the day. Afterwards, we'll go for refreshments at the Worms Head Hotel.

Meet:  
Meeting Place:  
Dogs remain on short leads  
7.00 p.m. Rhosili: National Trust Car Park (charge)  
GR: SS 414 880
**Wednesday 22**\(^{nd}\) **July**

**Rhossili Circular**

<table>
<thead>
<tr>
<th>Leader: Breda Regan</th>
<th>Tel: 01792-686317</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Description:</strong> From Rhossili Church over Rhossili Down to Hillend. Then along the beach to Blue Pool and Broughton, returning along the bottom of Rhossili Down. There is one steep climb at the start of the walk.</td>
<td><strong>Moderate</strong></td>
</tr>
<tr>
<td><strong>Meet:</strong> 10.00 a.m.</td>
<td><strong>Meeting Place:</strong> Registered Assistance Dogs Only Rhossili Church Car Park (<em>honesty box</em>)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Tuesday 28<strong>nd</strong> <strong>July</strong></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Leader: Andrea &amp; Norman Allnatt</th>
<th>Tel: 01792-405465 / 07890-514069</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Description:</strong> We shall walk across the mountain with excellent views of Pen y Fan. The walk will take us around the lake and over to the source of the River Tawe to Moel Feity. The views are breath-taking on a fine day! <strong>N.B. The terrain can be quite rough and wet therefore strong walking shoes are advisable.</strong></td>
<td><strong>Moderate</strong></td>
</tr>
<tr>
<td><strong>Meet:</strong> 11.00 a.m.</td>
<td><strong>Meeting Place:</strong> Upper Swansea Valley: Lay-by on Trecastell Road. There is limited parking at the start point, therefore please could people car-share as much as possible.</td>
</tr>
</tbody>
</table>

| Directions: Follow A4067, passing Craig y Nos until you get to Tafarn y Garreg. At Tafarn y Garreg, take the left turning towards Trecastell. Follow this minor road for a few miles to pass a lay-by on the left (with room for about eight or ten cars). Ignore this lay-by and carry on to the lay-by a little further on (which is larger). |
|---|---|
| **GR:** SN 856 223 |

**Saturday 25**\(^{th}\) **July**

**Llyn y Fan Fawr**

<table>
<thead>
<tr>
<th>Leader: Clive Rees</th>
<th>Tel: 07969-378750</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Description:</strong> A slower-paced walk west from the car park, ascending Craig Cerrig Gleisiaid with maybe an optional scramble to the top of Fan Fawr. A pleasant pace, taking about 6 hours. Most people who are used to Saturday walks will be able to do this walk. The leader can provide more information.</td>
<td><strong>Moderate</strong></td>
</tr>
<tr>
<td><strong>Meet:</strong> 9.30 a.m.</td>
<td><strong>Meeting Place:</strong> Between Guildhall and Victoria Park GR: SS 643 923</td>
</tr>
<tr>
<td>10.45 a.m.</td>
<td><strong>Meeting Place:</strong> Storey Arms: Car park south of Storey Arms on A470 GR: SS 643 923</td>
</tr>
</tbody>
</table>

| **Google Sat Nav:** [https://goo.gl/maps/qh3Kxh9ruP8q9DkL7](https://goo.gl/maps/qh3Kxh9ruP8q9DkL7) |
|---|---|
| **GR:** SN 986 199 |
Wednesday 29th July

**Leader:** Colin Warlow  
**Tel:** 07856-233312  
**Description:** Catch the number 2 bus at 9.30 a.m. from Swansea Bus Station, arriving at Langland Corner at 9.58 a.m. Walk down the hill to Rotherslade then back to town via the coast path. *Or walk as far as Blackpill (5 miles), then jump on a bus to Swansea from there.* Check bus times & don’t forget your bus pass!

**Meet:**  
**Meeting Place:** Dogs remain on short leads  
9.15 a.m.  
Swansea: Quadrant Bus Station: Bus number 2 at 9.30 a.m.  
(or join the bus anywhere along its route)  
**GR:** SS 653 928

**Thursday 30th July**

**Leader:** Richard Coombs  
**Tel:** 07422-534365  
**Description:** A walk ascending Mynydd Dinas for a gem of a view over Swansea Bay then to the Trig Point on the summit. *Afterwards, we’ll visit the Tyn a Twr Inn for refreshments.*

**Meet:**  
**Meeting Place:** Dogs remain on short leads  
7.00 p.m.  
Baglan: Blaenbaglan School: Parking area below school  
**Directions:** Cross old Briton Ferry Bridge and follow A48 to M4 roundabout at Baglan. Take 2nd exit to continue on A48 then take left onto St Illtyd’s Drive. Continue uphill on Tyn y Twr until road bears left. At T-Junction turn right into parking area by school.  
**Google Sat Nav:** https://goo.gl/maps/8fHPe2FF1D42  
**GR:** SS 757 928

Exploring permissive paths at Rhosili (*National Trust promoted spelling*)
## August

### Please note the earlier start time

<table>
<thead>
<tr>
<th>Saturday 1st August</th>
<th>Burry Holms</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Leader:</strong> Mike Lewis</td>
<td>6 Miles</td>
</tr>
<tr>
<td><strong>Tel:</strong> 01792-937575</td>
<td><strong>Moderate</strong></td>
</tr>
<tr>
<td><strong>Description:</strong> A lovely summer walk over to (and maybe onto) the tidal island of Burry Holms. There will be summer flowers and fine views of Worms Head. <em>What we can’t guarantee is that Mike has got the tides right, so if you see a snorkel sticking out of the back of his ruck sack and his trouser legs rolled up, you’ll know we’re in trouble!</em></td>
<td></td>
</tr>
<tr>
<td><strong>Meet:</strong></td>
<td><strong>Meeting Place:</strong></td>
</tr>
<tr>
<td>10.30 a.m.</td>
<td>Dogs remain on short leads</td>
</tr>
<tr>
<td><strong>Directions:</strong> <em>Take main road through Llangennith, going straight ahead when the Kings Head Pub is on your right. At a crossroads with a mini roundabout, go straight ahead (on 2nd exit, signposted Broughton) to follow narrow lane until it terminates at the car park just before the entrance to Broughton Caravan Park.</em></td>
<td></td>
</tr>
<tr>
<td><strong>Google Sat Nav:</strong> <a href="https://goo.gl/maps/94rr8wNjLDEXpWiULA">https://goo.gl/maps/94rr8wNjLDEXpWiULA</a></td>
<td><strong>GR:</strong> SS 416 926</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Sunday 2nd August</th>
<th>Pwll-y-Bo</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Leader:</strong> Tim Gronow</td>
<td>9 miles</td>
</tr>
<tr>
<td><strong>Tel:</strong> 07710-231630</td>
<td><strong>Strenuous</strong></td>
</tr>
<tr>
<td><strong>Description:</strong> A forest and moorland walk over Blaencwmhenog and Tywi Forest.</td>
<td></td>
</tr>
<tr>
<td><strong>Meet:</strong></td>
<td><strong>Meeting Place:</strong></td>
</tr>
<tr>
<td>9.00 a.m.</td>
<td>Registered Assistance Dogs Only</td>
</tr>
<tr>
<td>Cross Hands: B&amp;M Car Park</td>
<td><strong>GR:</strong> SN 563 131</td>
</tr>
<tr>
<td>10.15 a.m.</td>
<td>‘White Bridge’ Forestry Car Park, north of Llanwrtyd Wells, on minor road, south of Abergwesyn</td>
</tr>
<tr>
<td><strong>GPS:</strong> 52.143,-3.673</td>
<td></td>
</tr>
<tr>
<td><strong>Google Sat Nav:</strong> <a href="https://goo.gl/maps/pRtsY2ok5vkbTKrj7">https://goo.gl/maps/pRtsY2ok5vkbTKrj7</a></td>
<td><strong>GR:</strong> SN 856 507</td>
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<table>
<thead>
<tr>
<th>Monday 3rd August</th>
<th>Kilvey Hill</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Leader:</strong> Mike Lewis</td>
<td>3 miles</td>
</tr>
<tr>
<td><strong>Tel:</strong> 01792-937575</td>
<td><strong>Easy/Moderate</strong></td>
</tr>
<tr>
<td><strong>Description:</strong> Come along and explore some of the lesser known features of Kilvey Hill and listen to some of Mike’s tales.</td>
<td></td>
</tr>
<tr>
<td><strong>Meet:</strong></td>
<td><strong>Meeting Place:</strong></td>
</tr>
<tr>
<td>10.00 a.m.</td>
<td>Dogs remain on short leads</td>
</tr>
<tr>
<td>Pentrechwych: Car park on B5444, just off the A4217, to the south of the White Rock/Tawe Roundabout.</td>
<td><strong>GR:</strong> SS 664 947</td>
</tr>
</tbody>
</table>
Wednesday 5th August
Carningli
Leader: Tim Gronow 8 miles
Tel: 07710-231630 Moderate/Strenuous
Description: Farmland and moorland walk over Carningli Common.
Meet: Meeting Place: Registered Assistance Dogs Only
9.30 a.m. Cross Hands: B&M Car Park GR: SN 563 131
10.30 a.m. Sychpant Picnic Site Car Park GPS: 51.979,-4.847
Thursday 6th August
An Evening Walk: Trallwn and Crymlyn Quarry
Leader: Clive Rees 2-3 miles
Tel: 07969-378750 Easy/Moderate
Description: We'll have 360° views of the area over Crymlyn Fen, to abandoned new housing and in the distance, the University Bay Campus. We'll also see views over Swansea Vale then circle around to see the Crymlyn stream that feeds the Fen. Clive was brought up on a farm in Trallwn and will be able to tell us about the history of this area. Afterwards we'll go to the Fendrod Inn for refreshments.
Meet: Meeting Place: Dogs remain on short leads
7.00 p.m. Trallwn: The Range Car Park (Trallwn Road) SA7 9WL
Directions: Take A4217 bypass to Bonymaen, exiting on the A4217 roundabout and going straight across the mini roundabout eastward on Carmel Road, passing a speed camera. Road takes a sharp left bend, becoming Trallwn Road. The entrance to Lidl and The Range are on the left.
Google Sat Nav: https://goo.gl/maps/EC423priivLkt6X7 GR: SS 691 965
Winter sunshine above Melincourt
Saturday 8\textsuperscript{th} August \hspace{1cm} Tredegar

**Leader:** Al Evans  
_Tel: 01792-475521_  
**6 Miles**  
**Moderate**

**Description:** A NEW WALK from Al. We start at Bedwellty Park, a historic garden with arboretum, water features and the biggest block of coal in the world! We walk through Tredegar, past the infamous clock tower and to the Sirhowy Ironworks. From there, up to the Aneurin Bevan Memorial Stones where he addressed his constituents and the world! _There are ups and downs and a few stiles._

**Meet:**  
**Meeting Place:**  
11.00 a.m.  
Tredegar: Car park outside Bedwellty Park

**Directions:** _Head east on A465 past Merthyr, then turn south on A4048 signed Tredegar. Follow road through main street and past clock tower to small car park on the right, just before entrance to Bedwellty House (or park considerately on road outside). N.B. Only disabled parking in the grounds._

| Grid Ref | SO 142 087 |

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Sunday 9\textsuperscript{th} August \hspace{1cm} Afan Valley

**N.B. Two walks today**  
**Leader:** Bob Denley  
_Tel: 01792-371248 or 07766-554480_  
**11 miles**  
**Strenuous**

**Description:** Viaducts, fine views, open country and woodlands to the north of Pontrhydyfen, including Tonmawr.

**Meet:**  
**Meeting Place:**  
9.00 a.m.  
Between Guildhall and Victoria Park  
GR: SS 643 923

9.45 a.m.  
Pontrhydyfen: Rhyslyn Picnic Area Car Park  
GR: SS 800 942

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Sunday 9\textsuperscript{th} August \hspace{1cm} Ferryside

**N.B. Two walks today**  
**Leader:** Roger Brown  
_Tel: 01792-580969 or 07977-144074_  
**8 miles**  
**Moderate**

**Description:** We’ll head south along the Coast Path with wonderful views across Carmarthen Bay to Tenby and Caldey Island. Turning inland to Pengay Farm, _from where we can see Worm’s Head_, we’ll head North via Broadlay before returning along the beach. _Afterwards, we’ll go for refreshments at the White Lion._

**Meet:**  
**Meeting Place:**  
10.00 a.m.  
Ferryside: Car park opposite the Railway Station  
GR: SN 366 104
Tuesday 11\(^{th}\) August  
**Rhossili to Port Eynon**

**Leader:** Colin Warlow  
**Tel:** 07856-233312  
**Description:** Catch the 119 bus at 10.20 a.m. from Swansea Bus Station, arriving in Rhossili at 11.21 a.m. Walk out to the Coastguard Hut overlooking the Worm then along the coast path to Port Eynon. We should have time for a drink at the Ship Inn before catching the 118 bus at 5.03 p.m., arriving back in Swansea at 6.03 p.m.  
*Check bus times & don't forget your bus pass!*

**Meet:**  
**Meeting Place:** Swansea: Quadrant Bus Station: Bus 119 departing 10.20 a.m. *(or join the bus at Uplands, Sketty, Killay or Llethryd)*  
**GR:** SS 653 928

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Wednesday 12\(^{th}\) August  
**Path Maintenance Work Party**

**Co-ordinator:** Steve Robson  
**Tel:** 07758-468212  
**Description:** On the 2\(^{nd}\) Wednesday of each month, we assist the City & County of Swansea to maintain footpaths by pruning & strimming vegetation, or doing work such as stile repairs and bridge building. All members are welcome to help. If you are free today to assist us, please contact Steve to find out more information.

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Thursday 13\(^{th}\) August  
**Social Event:**  
**Meal at Bar St. James**

**Organiser:** Myra Lewis  
**Tel:** 07981-585640  
**Date Bookings Open:** 1\(^{st}\) June  
**Date Bookings Close:** 8\(^{th}\) August  
**Description:** “Summer Social” at Bar St James 30 Uplands Crescent, Uplands Swansea SA2 OPB. 3 course meal £20, maximum 40 people. Situated in the heart of Uplands, Bar St James’s owners have preserved and enhanced many of the original Art Nouveau features, whilst injecting plush and sumptuous surroundings. We have reserved on an “exclusive basis”, the second floor. Meet 7 pm for 7.30 p.m.

**Meet:**  
**Meeting Place:** Uplands: Bar St. James (opposite Costa)  
**GR:** SS 640 929
EVENTS CANCELLED DUE TO CORONA VIRUS

Saturday 15th August Pantyffynnon & Mynydd y Betws
Leader: Gail Allen Tel: 01792-469232
6 miles Moderate
Description: Includes a bouncy suspension footbridge as an unusual attraction. Great views and several short steep sections up onto the mountain.
Meet: Meeting Place:
10.00 a.m. Between Guildhall and Victoria Park GR: SS 643 923
11.00 a.m. Pantyffynon: Railway station car park
Directions: At end of M4, take A483 towards Ammanford. At crossroads in Tycroes, take right turn signed to Pantyffynon station. (It’s about a mile from the crossroads).

Sunday 16th August Black Mountain Peaks
Leader: Clive Rees Tel: 07969-378750
11.6 miles Strenuous
Description: A walk at a reasonable pace taking about 7.5 hours. There will be a steady ascent out of the valley before heading north-west along the bridleway. We’ll go north to the escarpment above Llyn y Fan Fach, returning via Bannau Sir Gaer, Fan Foel, (hefty descent / ascent between these two points), Fan Brycheiniog and Fan Hir.
Meet: Meeting Place:
8.30 a.m. Between Guildhall and Victoria Park GR: SS 643 923
9.30 a.m. Glyntawe: Layby south of Gwynn Arms: DO NOT park near pub
Google Sat Nav: http://goo.gl/maps/5lh9q GR: SN 846 165

Monday 17th August Penllergare Valley Woods
Leader: Mike Lewis Tel: 01792-937575
3 miles Easy
Description: Come along and explore the gems of this historic site. Explore Penllergare Valley Woods, the historic estate of the Dillwyn Llewellyn family which is gradually being restored to provide a wonderful green haven in an otherwise urban area of Swansea.
Meet: Meeting Place:
Directions: M4: J47: Take the A48 eastbound, (sign-posted Llangyfelach and Morriston). After 200 metres, turn right to reach the car park.
10.00 a.m. Penllergare: Valley Woods Car Park (charge)
GR: SS 623 992
Tuesday 18th August

**An Evening Walk: Llansamlet 2**

**Leader:** Andrew Morgan  
**Tel:** 07719-409504  
**Distance:** 3 miles  
**Difficulty:** Easy  
**Sunset:** 8.31 p.m.  

**Description:** After our evening walk on 11th June, we'll explore even more countryside around the Enterprise Zone. We'll walk through more of Swansea Vale Nature Reserve, see nature reclaiming old brownfield sites, follow an old tramway and walk along hidden paths. If you think the area is just retail units, come along and discover accessible countryside within a short distance of the city centre. If you enjoyed the spring walk, come along again to see the area in summer. Afterwards, we'll go for refreshments at the Plough and Harrow to thank them for free parking.

**Meet:**  
**Meeting Place:** Llansamlet: Church Road: Plough & Harrow Car Park  
**Dogs remain on short leads**  

**7.00 p.m.**

---

Wednesday 19th August

**Mynydd Dinas**

**Leader:** Richard Coombs  
**Tel:** 07422-534365  
**Distance:** 7 miles  
**Difficulty:** Moderate  

**Description:** A walk around Mynydd Dinas. From Baglan, up to the Trig Point on top of Dinas with views of Cwmavon, the steelworks and docks.

**Meet:**  
**Meeting Place:** Baglan: Parking area outside Blaenbaglan School  
**Dogs remain on short leads**  

**10.00 a.m.**

---

Saturday 22nd August

**Copper Works Site, Lower Swansea Valley and Marina**

**Leader:** Christine Rees  
**Tel:** 01792-403547 & 07967-716568  
**Distance:** 5 miles  
**Difficulty:** Easy  

**Description:** We will walk along the disused railway line to the SA1 Marina. Here we will stop for our lunch before returning through some interesting historical areas to the old Copper Works site. Christine will give some information about the history of the area on the way. This is a level walk except for the bridge over the railway line (Steps and a ramped walkway) and steps near the Strand.

**Meet:**  
**Meeting Place:** Swansea: White Rock Car Park  
**Dogs remain on short leads**  

**11.00 a.m.**

**Directions:** Opposite side of River Tawe from the Morfa Park & Ride. Use slipway from the roundabout east of Liberty Stadium.  
**GR:** SS 663 949
**EVENTS CANCELLED DUE TO CORONA VIRUS**

### Sunday 23rd August

<table>
<thead>
<tr>
<th>Leader: Mark Wolle</th>
<th>Tel: 07557-478789</th>
<th>Rhossili</th>
</tr>
</thead>
<tbody>
<tr>
<td>N.B. Two walks today</td>
<td>Joint with Gower Society</td>
<td>10.5 Miles</td>
</tr>
<tr>
<td>Ascent: 1,800ft (550m)</td>
<td>Strenuous</td>
<td></td>
</tr>
<tr>
<td><strong>Description:</strong> A 17km circular around Rhossili. Initially, we ascend to the trig point on Rhossili Down then traverse the open ridge line. We cross the valley heading for Hardings Down then walk over the fields past Old Henllys and onto Paviland. The return will be along the coast to Rhossili.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Meet:</strong></td>
<td><strong>Meeting Place:</strong></td>
<td>Dogs remain on short leads</td>
</tr>
<tr>
<td>9.30 a.m.</td>
<td>Rhossili NT Car Park <em>(charge)</em></td>
<td>GR: SS 414 880</td>
</tr>
</tbody>
</table>

### Sunday 23rd August

<table>
<thead>
<tr>
<th>Leader: Al Evans</th>
<th>Tel: 01792-475521</th>
<th>Rhiw-fawr near Cwmtwrch</th>
</tr>
</thead>
<tbody>
<tr>
<td>N.B. Two walks today</td>
<td>Joint with Gower Society</td>
<td>8 miles</td>
</tr>
<tr>
<td>Ascent: 1,800ft (550m)</td>
<td>Strenuous</td>
<td></td>
</tr>
<tr>
<td><strong>Description:</strong> This is a new walk in an area I haven’t before added to our programme. It covers a very, varied terrain, involving fields, steps, old farm buildings, open greenery and forestry. We start at Cwmtwrch, making our way to Rhiw-fawr, a little known area <em>(where actor Michael Sheen has a home)</em> before returning via Mynydd Allt-Y-Grug.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Meet:</strong></td>
<td><strong>Meeting Place:</strong></td>
<td>Dogs remain on short leads</td>
</tr>
<tr>
<td>10.30 a.m.</td>
<td>Cwm-twrch Isaf: Cwmphil Road: <em>(Just off A4068 - Park considerately at roadside).</em></td>
<td>GR: SN 769 101</td>
</tr>
<tr>
<td><strong>Directions:</strong> Head north on A4067. Between Ystalyfera and Ystradgynlais, turn left at roundabout onto A4068 to Cwm-twrch Isaf. At first mini-roundabout, <em>(opposite “Bosco’s” and signed to golf club)</em>, turn right onto Cwmphil Road to park immediately by the roadside.</td>
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<td></td>
</tr>
</tbody>
</table>

### Monday 24th August

<table>
<thead>
<tr>
<th>Leader: Joanna &amp; Mike Craddock</th>
<th>Tel: 01269-851005</th>
<th>The area around Fendrod Lake</th>
</tr>
</thead>
<tbody>
<tr>
<td>One of a Series of Easier Walks with Friends</td>
<td>Easy</td>
<td></td>
</tr>
<tr>
<td><strong>Description:</strong> A short walk enjoying the lakes and wildlife etc. <em>Afterwards we will go for refreshments to the Fendrod Inn.</em></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Meet:</strong></td>
<td><strong>Meeting Place:</strong></td>
<td>Registered Assistance Dogs Only</td>
</tr>
<tr>
<td>10.00 a.m.</td>
<td>Enterprise Park: Fendrod Lake Car Park</td>
<td>GR: SS 676 970</td>
</tr>
</tbody>
</table>
Tuesday 25th August

An Evening Walk: Southgate

N.B. Note the earlier start time

Leader: Andrew Morgan
Tel: 07719-409504

3-4 miles
Sunset is at 8.16 p.m.

Moderate

Description: A walk on inland and coastal paths in a pleasant area of Gower. Afterwards, we’ll go for refreshments at the Beaufort Arms in Kittle.

Meet: Meeting Place: Registered Assistance Dogs Only
6.30 p.m. Pennard: School Car Park

GR: SS 554 884

Wednesday 26th August

Amroth & Saundersfoot

Leader: Colin Warlow
Tel: 07856-233312

6 miles
Moderate

Description: Walk from Amroth to Saundersfoot, attacking the chippie from the east. Walk back to Amroth.

Meet: Meeting Place: Dogs remain on short leads
9.30 a.m. Cross Hands: B&M Car Park
10.15 a.m. Amroth: Main Car Park, Brookside Villas

GPS: 51.732,-4.662

GR: SN 563 131

GR: SN 163 071

Saturday 29th August

Afon Llech & Henrhys

Leader: Mike Clarke
Tel: 01792-843590

5 Miles
Moderate

Description: We walk up through the stunning & somewhat precipitous valley of Afon Llech where, if you like, you can take a shower behind the highest waterfall in South Wales. Returning via country lanes with magnificent views across The Beacons National Park.

Meet: Meeting Place: Dogs remain on short leads
11.00 a.m. Ynyswen: At junction of A4067 and Cribarth Road (on street parking in estate just off the main road)

GR: SN 837 131

Sunday 30th August

Cefn Cribwr

Leader: Roger Brown
Tel: 01792-580969 or 07977-144074

12 miles
Moderate

Description: On this Bank Holiday weekend, we’ll pass by Court Coleman plus the villages of Laleston, Merthyr Mawr and Tythegston. Afterwards we’ll go for refreshments in the Athletic Club House.

Meet: Meeting Place: Dogs remain on short leads
9.00 a.m. Between Guildhall and Victoria Park
9.45 a.m. Cefn Cribwr: Athletic Club Car Park

GR: SS 643 923
GR: SS 862 826
EVENTS CANCELLED DUE TO CORONA VIRUS

<table>
<thead>
<tr>
<th>Monday 31st August</th>
<th>Mynydd Gellionnen</th>
</tr>
</thead>
<tbody>
<tr>
<td>One of a Series of Easier Walks with Friends</td>
<td></td>
</tr>
</tbody>
</table>

Leader: Mike Clarke  
Tel: 01792-843590  
3 miles  
Easy/Moderate  

Description: We circumnavigate Mynydd Gellionen, visiting historic Gellionen chapel with beautiful views in all directions.

Meet:  
Meeting Place:  
10.00 a.m.  
Gellionen Mountain  
Dogs remain on short leads

Directions:  
A4067 to Clydach. Head north on Vardre Road. Turn right on Carlton Road. Take 7th left onto Gellionen Road. Follow to junction of Gellionen Rd & minor road to Pontardawe.

Google Sat Nav: https://goo.gl/maps/B8JeK5C9jsr44Wpq7  
GR: SN 707 042

Our work party improving access with a new kissing gate
EVENTS CANCELLED DUE TO CORONA VIRUS

September

Wednesday 2nd September

Leader: Edmund Sides
Tel: 07496-706858
Description: Explore the historical heritage of the Afon Llan Valley, north of Gowerton. Points of interest on the walk will include old railway lines, old coal mines and the site of the Battle of the Gower. Parts of the route may be quite muddy if it has been wet; there may be livestock in some of the fields on the route.
Meet: Meeting Place: Registered Assistance Dogs Only
10.30 a.m. Gowerton: Car park on B4295 (see frequent meeting points)
Public Transport: Train from Swansea Station and Bus 116 towards Llanrhidian both arrive in Gowerton around 10.15 a.m. (you will need to check that timetables have not altered since the walk was planned).
GR: SS 591 964

Saturday 5th September

Leader: Gail Allen
Tel: 01792-469232
Description: Great views in all directions from the wind farm. Good paths and an interesting experience.
Meet: Meeting Place: Dogs remain on short leads
9.45 a.m. Between Guildhall and Victoria Park
11.00 a.m. Abercregan: On-road parking at bottom of Abercregan Road.
Directions: M4:J40: A4107 to Cymmer, bypassing Pontrhydyfen. In Cymmer, turn left very steeply downhill, signed to Glyncorrwg / Abercregan, and after 100 yards turn left again, still the same signs. Past Gilgal community church, over single-lane bridge. Turn left, signed Abercregan. After half a mile the road turns sharply left and downhill to park.
Google Sat Nav: https://goo.gl/maps/VEj1nfnpBkgo5t7a6

ADVANCE NOTICE

Coach Trip

‘Christmas at the Hall’
Saturday 21st November

Organiser: Lynne Esson
Tel: 01792-845845
Description: A coach trip to Abbey Cwm Hir House to see ‘Christmas at the Hall’. A 2-hour guided tour of 52 rooms – all differently decorated. (Tea / coffee will be served on arrival). This will be followed by an optional meal in Llandrindod Wells. Full details will be given in the next programme. You can provisionally book your interest with Lynne now.
EVENTS CANCELLED DUE TO CORONA VIRUS

Sunday 6th September  
Ystradfellte Reservoir Ridge  
*Leader: Two walks today*  
_N.B. Two walks today_  
_Joint with Gower Society_  
*Leader: Dave Bird*  
Tel: 01792-233634 & 07812-710343  
Ascent: 2,600ft (793m)  
*Strenuous*

_Description:_ A walk above Ystradfellte Reservoir, visiting Fan Fawr, Craig Cerrig-gleisiad & Fan Llia. One steep climb & no path in places. Please note this walk will really be strenuous.

**Meet:**  
**Meeting Place:** Registered Assistance Dogs Only  
9.00 a.m. Between Guildhall and Victoria Park  
9.50 a.m. Ystradfellte Car Park (About 4 miles north of Pontneddfechan)  
Postcode: CF44 9JE

N.B. Two walks today  
Llandovery  
_A moderately paced walk_  
*Leader: Peter Jones*  
Tel: 07840-542048  
*Moderate*

_Description:_ An autumn walk around this beautiful ‘ancient’ Sessile Oak and Hazel woodland given to the town in the 16th century by Vicar Pritchard with the condition that the people could, “on foot only, enter on the property demised, for the purpose of taking dead wood for fuel, being such amount that they can carry on their backs”

**Meet:**  
**Meeting Place:** Registered Assistance Dogs Only  
11.00 a.m. Llandovery Main Car Park by Castle  
Google Sat Nav: https://goo.gl/maps/cCTKTN36Zwzei8C27

Monday 7th September  
Colin’s Swansea Meander  
_One of a Series of Easier Walks with Friends_  
*Leader: Colin Warlow*  
Tel: 07856-233312  
*Easy Access*

_Description:_ We will visit The Vetch Community Garden, Victoria Park, The Promenade and The Marina. An easy walk on hard surfaces and no hills.

**Meet:**  
**Meeting Place:** Dogs remain on short leads  
10.00 a.m. Swansea: Bus station: Outside Costa Coffee

GR: SS 653 927
**Tuesday 8\(^{th}\) September**  
**Pen y Fan**  
**Leader:** Paul Tarrant  
**Tel:** 07483-277089  
**Ascent:** 1,509ft (460m)  
**Strenuous**

**Description:** Pen y Fan is the highest mountain in South Wales and Southern Britain; it is very popular with walkers and tourists alike. That said, the walk to the top of Corn Du and Pen y Fan is a brilliant introduction to mountain walking. The view from the top of all the surrounding mountain ranges is one not to be missed. The walk ascends a well-worn path with flagstoned sections.

**Meet:**  
**Meeting Place:** Registered Assistance Dogs Only  
9.00 a.m. Llansamlet: Go Outdoors  
10.00 a.m. Pont ar Daf Car Park on the A470 (It’s well sign-posted).  
**GR:** SS 682 974

**Wednesday 9\(^{th}\) September**  
**Path Maintenance Work Party**  
**Co-ordinator:** Steve Robson  
**Tel:** 07758-468212

**Description:** On the 2\(^{nd}\) Wednesday of each month, We assist the City & County of Swansea to maintain footpaths by pruning & strimming vegetation, or doing work such as stile repairs and bridge building. All members are welcome to help, so if you are free today to assist us, please contact Steve to find out more information.

**Saturday 12\(^{th}\) September**  
**Llandybie**  
**Leader:** Joanna & Mike Craddock  
**Tel:** 01269-851005  
**Moderate**

**Description:** A Walk from the car park through the village, climbing through fields and nature reserve to some fantastic views (weather permitting) and back via the Turlough (Will it be there?)

**Meet:**  
**Meeting Place:** Registered Assistance Dogs Only  
11.00 a.m. Llandybie: Railway Station Car Park (extra on-street parking nearby)  
**Directions:** From Pont Abraham (M4 Junction 4), take third exit (A483) through Ammanford, turning left at the centre traffic lights towards Llandeilo. In Llandybie, turn right onto minor road, following signs for the railway station.  
**Google Sat Nav:** https://goo.gl/maps/GSwH7t2ciaP2  
**GR:** SN 619 155
EVENTS CANCELLED DUE TO CORONA VIRUS

Sunday 13th September  Ewenny and Southerndown
Leader: Jo Shercliff  11 miles
Tel: 07879-061292  Moderate
Description: A walk in the Vale of Glamorgan on lanes and out across Beacons Down to Southerndown and the coast. We will stop at the Glamorgan Coast Heritage Centre, Dunraven Bay and head back to Ewenny through St. Brides Major and farmland.
Meet:  Meeting Place:  Registered Assistance Dogs Only
9.00 a.m.  Between Guildhall and Victoria Park  GR: SS 643 923
9.45 a.m.  Ewenny Priory: End of Abbey Road CF35 5BW  GR: SS 913 778

Monday 14th September  Colin’s Enterprise Zone Meander
One of a Series of Easier Walks with Friends
Leader: Colin Warlow  3.5 miles
Tel: 07856-233312  Easy Access
Description: We will visit Fendrod Lake, Liberty Stadium and River Tawe.
Meet:  Meeting Place:  Dogs remain on short leads
10.00 a.m.  Swansea: Go Outdoors Car Park  GR: SS 682 974

Wednesday 16th September  Tankeylake
Leader: Lynne Lock  8-9 miles
Tel: 07948-299915  Moderate
Description: A circular walk from Tankeylake via Llanmadoc, Broughton and Hardings Down.
Meet:  Meeting Place:  Dogs remain on short leads
10.00 a.m.  Llangennith: Tankeylake Moor (grass verge)  GR: SS 435 916

Saturday 19th September  Dunvant
Leader: Peter Jones  6 Miles
Tel: 07840-542048  Moderate
Description: A circular walk to include Dunvant Brickworks site, Donkey Lane and Cwm-yr-Wch.
Meet:  Meeting Place:  Dogs remain on short leads
11.00 a.m.  Dunvant: Cycle Path car park: Post Code: SA2 7TB  GR: SS 594 938
<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Leader</th>
<th>Tel</th>
<th>Distance</th>
<th>Ascent</th>
<th>Description</th>
<th>Meet</th>
<th>Meeting Place</th>
<th>Directions</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Sunday 20(^{th}) September</strong></td>
<td>Rheola and Sarn Helen Joint with Gower Society</td>
<td>John France</td>
<td>01792-547439 or 07719-829106</td>
<td>10 miles</td>
<td>2,000ft (610m)</td>
<td>Industrial Remains and a Roman Road. A long, fairly steep ascent up the side of the Neath Valley with rough going in places to Sarn Helen, then descend via St. Illtud’s Walk.</td>
<td>9.30 a.m.</td>
<td>Between Guildhall and Victoria Park</td>
<td>GR: SS 643 923</td>
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<td>10.00 a.m.</td>
<td>Resolven: Car Park off A465 roundabout</td>
<td>Take A465 to Resolven Roundabout. Turn Left and Left again into Car Park. To start approximately 10.00 a.m.</td>
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<td>GR: SN 826 030</td>
</tr>
<tr>
<td><strong>Sunday 20(^{th}) September</strong></td>
<td>Burry Port, Pembrey &amp; Cefn Sidan A moderately paced walk</td>
<td>Gail Allen</td>
<td>01792-469232</td>
<td>8 miles</td>
<td></td>
<td>Suitable for members wishing to try a slightly longer walk than our Saturday programme. Lots of interesting history with a plaque commemorating Amelia Earhart, an iconic lighthouse, the old silted-up port of Pembrey, part of the Wales Coast Path, WW2 pill boxes, the site of munitions factories, a bird hide, beach, forest, sea, views of Gower etc.</td>
<td>9.30 a.m.</td>
<td>Between Guildhall and Victoria Park</td>
<td>GR: SS 643 923</td>
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<td></td>
<td>10.30 a.m.</td>
<td>Burry Port: Railway Station: Free car park</td>
<td>GR: SN 445 007</td>
</tr>
<tr>
<td><strong>Wednesday 23(^{rd}) September</strong></td>
<td>Carmarthen Fans &amp; Lakes</td>
<td>Steve Robson</td>
<td>07758-468212</td>
<td>9.5 miles</td>
<td>1,200ft (370m)</td>
<td>Along the upper reaches of the River Tawe, then a stiff ascent, followed by a ridge walk via Fan Brycheiniog with stunning views down to Llyn y Fan Fach &amp; Llyn y Fan Fawr. Descending for a walk round the lakes then back to the cars.</td>
<td>9.30 a.m.</td>
<td>Llansamlet: Go Outdoors Car Park</td>
<td>GR: SS 682 974</td>
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<td>10.30 a.m.</td>
<td>Upper Swansea Valley: Lay-by on Trecastell Road.</td>
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<td>GPS: 51.8825,-3.668</td>
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<td>GR: SN 853 218</td>
</tr>
</tbody>
</table>
Thursday 24th September

Social Event
Wine tasting and Quiz

Organiser: Chris Rees
Tel: 01792-403547

Description: Wine tasting with quiz and nibbles. Booking Essential.
Closing Date: 12th September 2020. An email will be sent out to members on the mailing list prior to this date.

Saturday 26th September

Oxwich & Nicholaston

Leader: Morag Eddyshaw
Tel: 07751-444535

Description: Starting from Oxwich, the walk will include part of the Nature Reserve and a climb up through Nicholaston Woods, as well as some of the coastal path.

Meet: Meeting Place: Dogs remain on short leads
11.00 a.m. Oxwich: Beach car park (charge)
Park in area to right of entrance before the main car park GR: SS 502 685

Sunday 27th September

Pendine and Marros Mountain

Leader: Karen Gibbs
Tel: 07748-349264

Description: A coast and country walk: From Pendine, we follow the Wales Coast Path westwards almost into Amroth with fine views of Tenby. The coast path has steep ascents and descents, hence the strenuous grading of this walk. We return via the community woodland on Marros Mountain and farmland.

Meet: Meeting Place: Registered Assistance Dogs Only
9.30 a.m. Cross Hands: B&M Car Park: SA14 6RD. (2nd left off roundabout and turn right by chip shop) see frequent meeting points.
Google Sat Nav: https://goo.gl/maps/hDMn3RxJ3aosnLnX7 GR: SN 563 131
10.15 a.m. Pendine: Beach Car Park (charge) GR: SN 235 080

Tuesday 29th September

Afan Argoed

Leader: Richard Coombs
Tel: 07422-534365

Description: A circular walk to Cymmer using solid paths. Up one side of the valley, back along the other side.

Meet: Meeting Place: Dogs remain on short leads
10.00 a.m. Pontrhydyfen: Rhyslyn Car Park

Directions: M4: Junction 40: Take A4107 then turn left on B4287. The car park is sign posted from viaduct. SA12 9RU
GR: SS 800 942
ADVANCE NOTICE

Walking weekend
Llandrindod Wells
16th to 18th October 2020

Organiser: Karen Gibbs
Tel: 07748-349264

Description: Following on from the success of our previous weekends away, Swansea Ramblers has arranged another weekend of walking and socialising. Once more a very enjoyable weekend is expected, this time in the lovely countryside of Mid Wales.

We’ll stay at The Metropole Hotel, Llandrindod Wells which has the highest rating by ‘Visit Wales’ for a hotel and spa in Mid-Wales. This is a privately owned hotel and run by the same family for over 120 years and now into their 5th generation. Mid Wales Tourism Awards 2019/20 made them their Winner of ‘Best Accommodation For Groups’ Award.

There will as usual be two levels of walk each day to cater for members who enjoy either a longer or shorter walk. Full details will appear in the winter programme but please contact the organiser now if you would like to join us for an enjoyable weekend of walking and socialising.

SWANSEA RAMBLERS SOCIAL EVENTS 2020

The social committee have been asked to list the events planned for the year so they can plan ahead. Andrew will put each event out as usual but with the coach trips we can take names to estimate interest.

MARCH

26 Meal at Gilligans Restaurant. 3 Courses
Bring Your Own Wine – 38 max Organiser: Myra Lewis – Cost £19.99

APRIL

17– 19 Wells Weekend Away Organiser: Karen Gibbs

MAY

31 Canoeing in Clydach on Sunday morning with Refreshments Organiser: Myra Lewis – Cost TBC – 20 max – Booking Required
EVENTS CANCELLED DUE TO CORONA VIRUS

JUNE

6 Coach trip to Gloucester Docks – Day Trip (no walk)
Organiser: Lynne Esson – Cost £10 – 56 seats

20 Paul and Nigel's Garden Party with Jacket Potatoes and Filling
Organiser: Myra Lewis – Cost £6.00 – 30 max – Booking Required

28 Garden visit to Langland with a walk – Gerti Axtmann
Refreshments available – Cost TBC – Booking Required

JULY

18 Coach/Train Trip with Tim Gronow Cheltenham Racecourse
Train to Broadway then a 6.5 mile walk to Chipping Camden with a Pub
Meal in Beckford Inn, Tewkesbury – Cost Coach/Train £22.00 – (Meal
1 Course £10 Extra) – Organiser: Lynne Esson – Booking Required

AUGUST

6 Meal at Bar St James, Uplands – 3 Courses £20.00 – 40 max
Organiser: Myra Lewis

SEPTEMBER

24 Wine Tasting/Cheese and Biscuits and Quiz with Cheers Wine
Shop – Cost £10 – Organiser: Chris Rees

OCTOBER

10 Autumnal Lunchtime Meal at the Gower Hotel Bishopston, walk
followed by AGM – Cost £10 for 2 Course Meal Booking Required
Parking for 30 – Organiser: Joanne Craddock

16–18 Weekend Away – Llandrindod Wells – Organiser: Karen Gibbs

NOVEMBER

21 Coach trip to Abbey Cwm Hir to see “Christmas at the Hall.” A
2 hour guided tour of 52 rooms with tea/coffee. Then onto Llandrindod
Wells for a meal at The Metropole Hotel .Cost £15.00 – 2 Courses
Organiser: Lynne Esson – Booking Required

DECEMBER

6 Christmas Lunch – Cost £20
Organiser: Lynne Esson – Booking Required
Some members on the weekend in Ironbridge, October 2019
EVENTS CANCELLED DUE TO CORONA VIRUS

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