

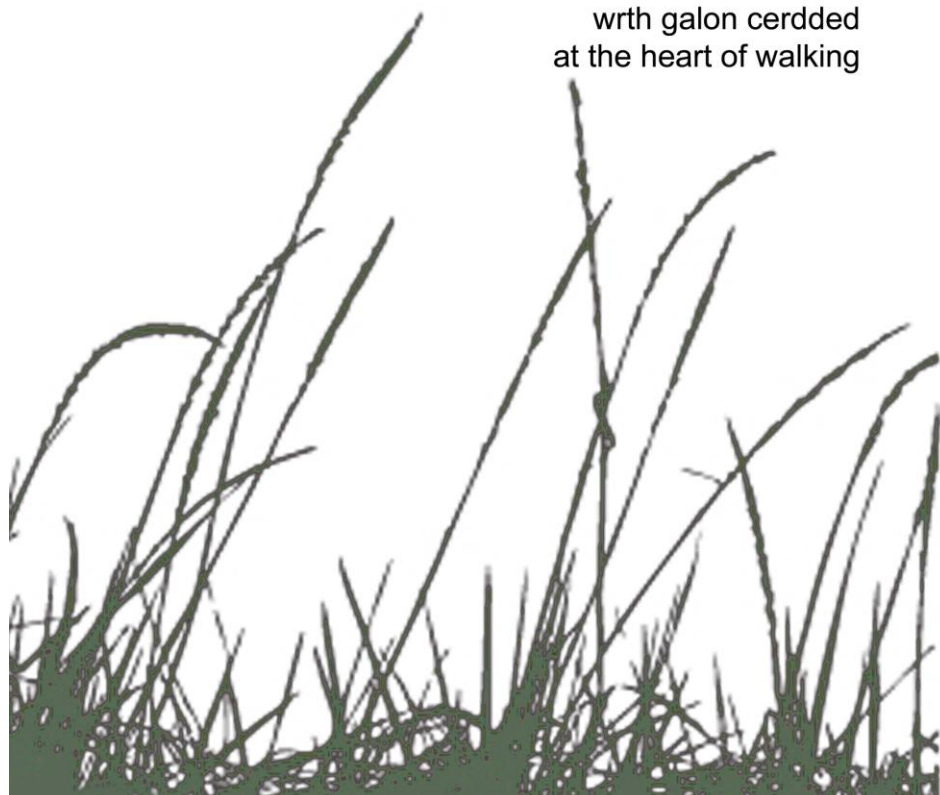


y cerddwyr
ramblers cymru

Summer Programme

West Glamorgan Ramblers

wrth galon cerdded
at the heart of walking



April 2010 to September 2010

<http://www.westglamorganramblers.org.uk>

Celebrating 75 years of The Ramblers



West Glamorgan Ramblers wish to thank all walk leaders for providing the walks for this programme. Without volunteer leaders, a programme of walks would not be possible. If you are a member of the Ramblers and would like to lead a walk, please contact us or come along to the Leaders meeting. Details can be found in the programme.

Contact Details:

Secretary

Zetta Flew

Tel: 01792 232060

Membership

Roger Jones

Tel: 01792 205051

Programme

Kath Thomas

West Glamorgan Web Site

www.westglamorganramblers.org.uk

Ramblers UK Web Site

www.ramblers.org.uk

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Celebrating 75 years of The Ramblers

Joining a walk

Walks are open to anyone, including visitors on holiday. Newcomers are especially welcome; those who walk regularly with us will be invited to become a member. It is at the discretion of the Leader to refuse to take anyone considered to be unsuitably equipped or likely to cause a problem during the walk.

Walkers must wear suitable footwear and clothing, carry enough food and drink and a small First Aid pack. In case of accident, ID and contact numbers should be carried. Walk leaders can usually provide ID cards for this purpose. While the safety of members is always of paramount concern, accidents may occasionally occur. It is important to appreciate that you have a responsibility for the safety of yourself and fellow walkers.

Dogs are **NOT** allowed in the lambing season (1st Dec. - 30th April). At other times dogs on short leads are permitted if indicated in the walk description.

Meeting for the walk

The start point of a walk is sometimes given in the programme in addition to the meeting point. In exceptional circumstances, such as adverse weather conditions, the leader might need to cancel the walk. **The leader will only inform those present at the meeting point.** Anyone wishing to travel directly to the start point is advised to contact the leader to confirm if the walk will go ahead.

Walks are graded as follows:-

Easy: Generally 6 miles or less using good footpaths with no major inclines or obstacles. Suitable for new or infrequent walkers.

Moderate: 6 to 12 miles long across coastal, farmland and forested areas with occasional ascents, stiles and obstacles. Suitable for regular walkers with a reasonable level of fitness.

Strenuous: Generally greater than 12 miles across upland, moorland and rugged countryside with several steep climbs and obstacles. Suitable only for regular, experienced walkers with a good level of fitness and stamina.

Retirement of Programme Secretary

Our programmes of walks have been collated for some time by Kath Thomas who has given her free time to liaise with the programme co-ordinators to amalgamate and produce the programme that you see today. Kath has now decided to step down and make way for someone new to continue this important work. On behalf of all our members the committee would like to thank Kath for all her hard work. A vacancy now exists for programme Secretary.

March 2010

N.B. This is a change of details for the walk in the last programme

Sunday 28th March	Ogmore Vale Circular
Leader: Val Bird	12 miles
Tel: 01792-233634	Moderate/Strenuous
Description: A circular walk around the hills above Ogmore Vale.	
Meet: 9.00 a.m.	No Dogs
Meeting Place: Old Baths Car Park near Guildhall	GR: SS 643 922
OR	
10.00 a.m. Fire station car park at Ogmore Vale	GR: SN 934 905

April 2010

Saturday 3rd April	Rose Cottage Roundabout
	<i>Joint Walk with The Gower Society</i>
Leader: Mike Lewis	6 – 7 miles
Tel: 01792-546118	Moderate
Description:	
A walk with just one climb, taking in Cefn Bryn and via The King Arthur.	
Meet: 11.00 a.m.	Dogs on short leads
Meeting Place: Rose Cottage, Penmaen	GR: SS 527 884

Celebrating 75 years of The Ramblers

Sunday 4th April Penmaen to Cilifor

Leader: Lynne Lock **8 miles**

Tel: 01792-645748 **Moderate**

Description: A walk from Penmaen to Cilifor and return over Cefn Bryn.

Meet: 10.00 a.m. **No Dogs**

Meeting Place: Penmaen NT Car Park **GR: SS 532 887**

Sunday 11th April The Hills Above Pontardawe

Leader: Ann Sedge **12 miles**

Tel: 01792-864035 **Moderate/Strenuous**

Description: A walk over Mynydd y Garth, Mynydd Uchaf and the Gwrhyd.

Meet: 9.30 a.m. **No Dogs**

Meeting Place: Pontardawe, Herbert St Car Park
(on the roundabout near the vet's) **GR: SN 724 039**

Tuesday 13th April Pennard School to Murton Community Centre

**- N.B. This is a Linear Walk
Joint Walk with The Gower Society**

Leader: Jane Jones **6-7 miles**

Tel: 01792-232316 **Moderate**

Description: The walk will start with a No. 14 bus ride from Murton to Pennard School. We will then have a coastal walk along the cliffs & beaches featuring some inclines.

(No.14 bus should also leave Swansea for Pennard School at 10.05 a.m.).

Meet: 10.15 a.m. (sharp to catch bus) **No Dogs**

Meeting Place: Murton Green Community Centre Car Park **GR: SS 586 893**

N.B. Please check bus times for alterations

***Remember to check when the next path clearance takes place!
Work parties clear paths to ensure you can walk Gower and Swansea***

Phone John Mellor on 01792 - 412701

Celebrating 75 years of The Ramblers

Saturday 17th April

Oxwich via the New Bridge
Joint Walk with The Gower Society

Leader: Pam & Gerry Horsey

8.5 miles

Tel: 01792-417619

Moderate

Description: A walk to Oxwich Bay, Mill Wood and Cefn Bryn. We will cross a new bridge over the pill at Nicholaston that some of our members helped to construct.

If you have some spare time in the week why don't you come and join in the 'fun' with our regular work parties? Most work parties just clear undergrowth so you can still 'build bridges' in the community without having to build a real bridge!

Meet: 10.00 a.m.

Dogs on short leads

Meeting Place: Rose Cottage, Penmaen

GR: SS 527 884

Sunday 18th April

Rhossili Down

Leader: Enid Owen

5 miles

Tel: 01792-403302

Moderate

Description:

A walk up Rhossili Down to Llangennith and back along the coastal path.

Meet: 1.30 p.m.

No Dogs

Meeting Place: Rhossili Car Park

GR: SS 414 880

Saturday 24th April

Briton Ferry

Stepping Stones Short Walks

Leader: Gail Allen

3 miles

Tel: 01792-469232

Easy

Description: Easy walking from Briton Ferry beside the Neath Canal.

Meet: 11.00 a.m.

Dogs on short leads

Meeting Place:

Park in lay-by on Old Road behind McDonalds.

GR: SS 742 937

Directions: Approaching from Swansea, at eastern end of the old A48 bridge, take 2nd turning left off the Briton Ferry Roundabout and drive up Old Road (McDonalds will be on the right).

Sunday 25th April

Waterfall Walk, Penderyn

Leader: Howard and Joan Siddle

10 miles

Tel: 01685-878476 or 0790-977-0708

Moderate

Description: A waterfall walk over Moel Penderyn.

Meet: 08.30 a.m.

No Dogs

Meeting Place: Old Baths Car Park near Guildhall

GR: SS 643 922

OR 9.10 a.m. Penderyn.

GR: SN 945 089

Celebrating 75 years of The Ramblers

May 2010

Don't forget to volunteer for a work party!

We often go out one day in the week to clear paths BUT you don't have to go out every week! Just phone us and put your name on the list of volunteers. A number of volunteers have in the past enjoyed putting a walk on the programme using a path they have previously cleared!

Phone John Mellor on 01792 - 412701

Sunday 2nd May	Penwyllt
Leader: Alan Bailey	6.5 miles
Tel: 01792-233046	Moderate
Description: A walk to look at the old brick works and quarries. After the brick works, the path will climb 600 feet up the old quarry incline to provide enjoyable views over the hills. The return path will pass through the forestry and go along the old railway track.	
Meet: 10.30 a.m.	Dogs on short leads
Meeting Place:	
Old Quarry at Penwyllt next to South Wales Caving Club. GR: SN 856155	
Directions: Follow A4067 towards Craig y Nos and turn right to Penwyllt just past Pen y Cae.	

Thursday to Sunday 6th to 9th May	Lake District Weekend
Organiser: Dave Bird	Strenuous
Tel: 01792-233634	
Description: A long weekend in the Lake District. All those going will have already booked their place with Dave Bird. Any regular walkers interested in next year's weekend (date/area not yet confirmed) should contact Dave Bird for details.	

No Dogs

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Saturday 8th May

May Gower – the Best Bits
Joint Walk with The Gower Society

Leader: Alan Bailey

8 miles

Tel: 01792-233046

Moderate

Description: A walk from Penny Hitch to Oxwich Point returning through the nature reserve, Nicholaston Woods and the Penrice Estate. Sounds perfect for a glorious weekend in May!

Meet: 10.30 a.m.

Dogs on short leads

Meeting Place: Penrice, Mill Wood Car Park

GR: SS 493 882

Sunday 9th May

Our Annual Glamorgan Area Walk

Leader: Tiger Bay Ramblers

5 or 10 or 15 miles

Tel:

Easy & Moderate & Strenuous

Description: Join us on the one day in the year when all the Rambler Groups in the Glamorgan Area get together to enjoy a joint walk. This year it is the turn of the Tiger Bay Ramblers to lead the rest of Glamorgan on a mixture of both long and short walks.

The details of the walks were not available at the time of going to press.

This information will be added to our web site as soon as we receive it.

Our site is at : www.westglamorganramblers.org.uk

Meet: TBA

No Dogs

Meeting Place:

TBA

Sunday 16th May

Kidwelly in Early Summer
Joint walk with Bridgend Ramblers

Leader: Andrew Morgan

8 miles

Tel: 0771-940-9504

Moderate

Description: An interesting walk in the Kidwelly area taking in the panoramas of coast and countryside, including unusual views of Worms Head, Burry Holms, Caldey Island and Kidwelly Castle. Maybe even glimpse horseracing at Ffos Las from the hillside! Possible 'pub stop' if time permits.

Meet: 9.00 a.m.

No Dogs

Meeting Place:

Old Baths Car Park near Guildhall, GR: SS 643 922

OR 9.40 a.m.

Glanymor Riverside Car Park, off Bridge Street, Kidwelly.

GR: SN 406 068

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Tuesday 18th May **Llanwrtyd Wells Area**

Leader: Tim Gronow **10 miles**

Tel: 07710-231-630 **Moderate**

Description: Circular woodland and moorland walk from Llanwrtyd Wells via Waunlwyd and Cwm Annell.

Meet: 9.00 a.m. **No Dogs**

Meeting Place: Co-op Car Park, Crosshands. **GR: SN 565 130**

Saturday 22nd May **RAMBLERS NATIONAL** **“GET WALKING DAY”** **A Walk Beside Loughor Estuary** **Stepping Stones Short Walks**

Leader: Allyson Evans **2-3 miles**

Tel: 01792-475521 **Easy**

Description: Walking on flat paths beside Loughor Estuary. Can be muddy

Meet: 11.00 a.m. **No Dogs**

Meeting Place: Loughor Estuary Foreshore Car Park. **GR: SS 571 988**

Directions: At M4 Junction 47, take A48 signed Gorseinon/Penllergaer. Continue straight on A4240 going through Penllergaer and Gorseinon and heading for Loughor. Half a mile after the 4th set of traffic lights, the road bends to the left at the Reverend James pub. Turn right here and follow signs to foreshore car park which is 300 yards on left.

Sunday 23rd May **St Dogmaels and Cemaes Head**

Leader: Gary Evans **11 miles**

Tel: 01792-360837 or 07751 090755 **Moderate/strenuous**

Description: A varied countryside and coastal walk including the final section of the Pembrokeshire Coastal Path.

Meet: 9.00 a.m. **No Dogs**

Meeting Place Co-op Car Park, Crosshands. **GR: SN 565 130**

OR

10.30 a.m. Main car park, St Dogmaels (near Cardigan) **GR: SN 164 460**

Sunday 30th May **Cwm Twrch Circular**

Leader: Vernon Davies **8 miles**

Tel: 01792-842123 **Moderate**

Description: Follow the old tramways and miners trails along Twrch Valley.

Meet: 10.30 a.m. **No Dogs**

Meeting Place: 50 yards beyond Twrch River Bridge at site of Old Berrington Arms Pub. **GR: SN 754 115**

Celebrating 75 years of The Ramblers

June 2010

Yes! – The work party still needs you! Give us a ring today!

Phone John Mellor on 01792 - 412701

We would also like to see new members on your committee. Why not come along and see how the present volunteers run the group behind the scenes and deal with the issues of walking Swansea and Gower.

Phone Zetta on 01792 - 232060

Saturday 5th June

Sarn Helen & Nedd Fechan Valley

Joint Walk with the Gower Society

Leader: Roger Jones

8 miles

Tel: 01792-205051

Moderate

Description: A walk to Sarn Helen then down the Nedd Fechan Valley to Pwll Du and Pont Melin Fach. Return via Afon Mellte waterfalls and Porth yr Ogof. A cracking walk that had to be cancelled on the last programme because of the weather.

Meet: 10.15 a.m.

No Dogs

Meeting Place: Ystradfellte Village Car Park (no charge) GR:SN 930 135

Sunday 6th June

Waterfalls and Carn Pica

Leader: John Carlile

11 miles

Tel: 01792-792285

Strenuous

Description: An escarpment and ridge walk to Allt Llwyd, Carn Pica, Graig Fan Las, and Graig Fan Ddu. Good views. One steep ascent and descent, total for walk approx. 800ft.of ascent.

Meet: 8.30 a.m.

No Dogs

Meeting Place: Old Baths Car Park near Guildhall

GR: SS 643 922

OR

9.30 a.m. Torpantau car park

GR: SO 056 176

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Sunday 13th June The Downs and Ups of North Gower History

Leader: John France

8 miles

Tel: 01792-513211 (Day) or 01792-547439 (Evening)

Moderate

Description: A walk over fields, valleys and hills, taking in the Bulwarks Prehistoric Hill Fort and its associated burials. Splendid views over the Loughor Estuary. We pass by Cheriton Church. There is one sharp climb up Llanmadoc Hill and another, much shorter, over Ryer's Down. The going is generally easy, though there are some stiles.

Meet: 10.00 a.m.

No Dogs

Meeting Place: Llangennith, Tankeylake Moor

GR: SS 435 915

Wednesday 16th June Knelston to Hardings Down & Old Henllys

Leader: Gail Allen

6 miles

Tel: 01792-469232

Easy

Description: A pretty walk through fields (with stiles) and lanes. One climb up Hardings Down with its ancient earthworks and great views.

Meet: 9.30 a.m.

No Dogs

Meeting Place: Old Baths Car Park near Guildhall

GR: SS 643 922

OR

10.15 a.m. In the lay-by at Knelston Primary School (before Scurlage)

GR: SS 468 889

Saturday 19th June

A Gowerton Circular

Joint walk with the Gower Society

Leader: Peter Jones

8 miles

Tel: 01792-873456

Moderate

Description: A moderate walk on farmland, across a golf course and part of The Gower Way - and probably some mud!

Meet: 10.00 a.m.

No Dogs

Meeting Place: Gowerton Car Park on B4295 near the Commercial Inn

GR: SS 591 964

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Saturday 19th June

Sgwd Gwladys

Stepping Stones Short Walks

Leader: Viv Davies

2-3 miles

Tel: Not Available

Easy

Description: Woodland track alongside river to Sgwd Gwladys waterfall.

Meet: 10.30 a.m.

No Dogs

Meeting Place: Pontneddfechan Tourist Centre

GR:SN 893 071

Directions: Drive north along A465 up the Neath Valley to the 2nd roundabout for Glynneath. Turn right at the lights onto the B4242 road to Pontneddfechan (and watch out for the unexpected sharp left of the B4242 on the way!). Drive approximately half a mile to the Tourist Centre.

Sunday 20th June

Circle walk around Mynydd Troed

Leader: Ian Smith

15 miles & 3000ft

Tel: 01792-368609

Strenuous

Description: A strenuous walk from Llangors up over Pen Tir and around Mynydd Troed. Views over Llangorse Lake and Black Mountains

Meet: 9:00 a.m.

No Dogs

Meeting Place: Old Baths Car Park near Guildhall

GR: SS 643 922

OR

10:00 a.m. Llangors Village

GR: SO 134 277

Saturday 26th June

Circular Walk from Coast to Moor

Joint walk with The Gower Society

Leader: Zetta Flew

7 miles

Tel: 01792- 232060

Moderate

Description: A circular walk from the coast, crossing moorland into Cilibion Wood and back along the Gower Way and Cilifor. A couple of climbs that reward you with extensive views of North Gower and the Loughor Estuary. Time for a pint in the Dolphin after the walk to thank the landlord for the free parking!

Meet: 10.00 a.m.

No Dogs

Meeting Place: The Dolphin Inn Car Park, Llanrhidian GR: SS 496 923

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Sunday 27th June	Port Eynon to Mewslade
Leader: Paul Thomas	8 miles
Tel: 01792-894289	Moderate
Description: Walk from Port Eynon to Mewslade and back through Overton	No Dogs
Meet: 10.30 a.m.	GR: SS 467 851
Meeting Place: Port Eynon Car Park	

Ok – Another advert for the volunteers for the work party and for the committee – Yes! We all know it’s annoying to keep being reminded on the programme but better a programme with adverts rather than no programme at all !!

Phone John Mellor on 01792 - 412701

Would you like to have seen more short walks on the programme? Would you have liked more midweek short walks? How about volunteering to lead a short midweek walk? If enough people are prepared to lead short walks and their efforts are supported we could make them a regular feature. Let us know !

Celebrating 75 years of The Ramblers

July 2010

Saturday 3rd July

Rhossili Roundabout
Joint Walk with The Gower Society
AND Coventry Ramblers

Leader: John Ashley

Tel: 01792-201171

10 miles

Moderate

Description: A figure-of-eight walk with visitors from Coventry Ramblers starting in Rhossili and going via Hillend to Burry Holms and Broughton. We then return to Hillend and walk back along the beach to Rhossili. If you would prefer a shorter walk you will be able to turn back at Hillend.

Meet: 10.00 a.m.

Dogs on short leads

Meeting Place: Rhossili Church Car Park (donation box) GR: SS 417 881

If this is full, park in the main Rhossili car park (Charge was £2.50 in 2009) and then walk back to the church to meet the leader.

Sunday 4th July

Pen y Fan from Pont Cwmyfedwen
Joint with Coventry Ramblers

Leader: **Mark Wolle**

Tel: **07739 857825**

11 miles

Strenuous

Description: A walk up Pen y Fan with Coventry Ramblers who are staying in Gower for the weekend and joining a number of local walks.

Meet: 9.00 a.m.

Dogs on short leads

Meeting Place: Old Baths Car Park near Guildhall

GR: SS 643 922

OR

10.00 a.m. Pont Cwmyfedwen parking area

GR: SO 042 164

Wednesday 7th July

Llangynwyd Circular
via Cwm Sychbant, near Maesteg

Leader: **Gail Allen**

Tel: 01792-469232

6 miles

Easy

Description: A walk on the other side of Mynydd Margam from the beautiful village of Llangynwyd. The thatched pub in the village is worth a visit and they do food all day! Why not stop for a drink afterwards?

Meet: 9.30 a.m.

No Dogs

Meeting Place: Old Baths Car Park near Guildhall,

GR: SS 643 922

OR

10.30 a.m. Llangynwyd Village

GR: SS 857 888

Directions: From M4 junction 36, take A4063 through Tondy and Coytrahen to Pont Rhyd-y-cyff. Turn left up Llan Road to Llangynwyd, Park by church/thatched pub.

Celebrating 75 years of The Ramblers

Saturday 17th July

Coed Bach, Pontardulais

Stepping Stones Short Walks

Leader: Allyson Evans

3 miles

Tel: 01792-475521

Moderate

Description: A walk out of Coedbach Park by the River Loughor on mainly flat ground but uneven in parts and can be muddy. Go on! Give it a try!

Meet: 11.00 a.m.

No Dogs

Meeting Place: Coedbach Park

GR: SN 592 031

Directions: From M4 junction 47, take A48 signposted for Gorseinon/Pontlliw. At next roundabout take last exit to Pontlliw. Keep straight, passing through Pontlliw and on entering Pontardulais turn left at traffic lights just in front of King Hotel. Take 1st right into Gwynfryn Road and then turn left and drive into park. Keep to the left and park in car park at end.

Sunday 18th July

Giedd Area

Leader: Bob Smith

12 miles

Tel: 01792-850650

Strenuous

Description: A visit to Bob's favourite area just north of Craig y Nos Castle with good views and steep climbs!

Meet: 9.00 a.m.

No Dogs

Meeting Place: Old Baths Car Park near Guildhall

GR: SS 643 922

OR

9.45 a.m. Gwyn Arms

GR: SN 846 165

Sunday 25th July

In the Footsteps of Dylan Thomas

Leader: Zetta Flew

7 miles

Tel: 01792- 232060

Moderate

Description: A walk in the town of Laugharne, made famous by Dylan, taking in both countryside and the outstanding coastal views.

Meet: 8.30 a.m.

No Dogs

Meeting Place: Coop Car Park, Cross Hands

GR: SN 565 130

Celebrating 75 years of The Ramblers

August 2010

Not too late to volunteer for that work party!

Phone John Mellor on 01792 - 412701

Sunday 1st August **Peter Thomas Memorial Long Walk**
Joint Walk with The Gower Society
Leaders: Breda Regan & Lynn Smith **12 miles**
Tel: 01792-234842 **Moderate/Strenuous**
Description: A walk along the Gower Way from Penmaen towards
Llanddewi and returning through South Gower.
Meet: 9.00 a.m. No Dogs
Meeting Place: Rose Cottage, Penmaen GR: SS 527 884

Sunday 1st August **Peter Thomas Memorial Short Walk**
Joint Walk with The Gower Society
Leaders: John France **8 miles**
Tel: 01792-513211 (day) or 01792-547439 (evening) **Moderate**
Description: A walk along the Gower Way from Penmaen towards
Reynoldston and returning through South Gower.
Meet: 9.00 a.m. No Dogs
Meeting Place: Rose Cottage, Penmaen GR: SS 527 884

Wednesday August 4th **Llansteffan**
Joint walk with The Gower Society
Leader: John Mellor **6 miles**
Tel: 01792-412701 **Moderate**
Description: A walk above the village of Llansteffan and return along the
beach. There is an option to extend the walk along the beach at the mouth
of the River Taf. This week is often chosen by the village for their
scarecrow competition. Don't know how often John has won though!
Meet: 10.30 a.m. No Dogs
Meeting Place:
Crosshands Co-op car park to share cars GR: SN 566 130

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Sunday 8th August **Brechfa**
Leader: John Ashley **5-6 miles**
Tel: 01792-201171 **Moderate**
Description: Circumnavigate Banc-y-Daren and enjoy panoramic views of the Heart of Wales followed by a babbling brook and the haunted house and (sorry) a pub at the end. I really must plan better!
Meet: 10.30 a.m. Dogs on short leads
Meeting Place: Small car park just past the Forest Arms in Brechfa on the B4310 GR: SS 524 303

Saturday 14th August **Crofty, North Gower**
Stepping Stones Short Walks
Leader: Gail Allen **3 miles**
Tel: 01792-469232 **Easy**
Description: A walk from Crofty on the marsh road towards Llanrhidian.
Meet: 11.00 a.m. Dogs on short leads
Meeting Place: Park near chapel/shop in Crofty. GR: SS 527 950
Directions: Take North Gower Road B4295 through Penclawdd, then right onto Pencaerfenni Road to Crofty.

Saturday 14th August **Mystery Meander in Carmarthenshire**
Joint Walk with The Gower Society
Leader: John Mellor **10 - 12 miles**
Tel: 01792-412701 **Moderate**
Description: A walk at the Cleddau Estuary from where John will lead a moderate walk once he's found out where to go! Wherever it is, it will be beautiful. Join our leader for yet another memorable walk!
Meet: 10.00 a.m. No Dogs
Meeting Place:
Coop Car Park, Cross Hands to share cars GR: SN 566 130

Celebrating 75 years of The Ramblers

Sunday 15th August **The Two Lakes**
Leader: Nigel Hall **14 miles**
Tel: 01792-232815 **Strenuous**
Description: A moorland walk visiting a Roman camp, Afon Llechach, Mynydd y Llan, and following the "Beacons Way" to Llyn y Fan Fach and Llyn y Fan Fawr.
Meet: 8.30 a.m. Dogs on short leads
Meeting Place: Old Baths Car Park near Guildhall GR: SS 643 922
OR
10:00 a.m. Pont ar Wysg car park GR:SN 820 272

Sunday 22nd August **Mynydd Brombil, near Margam**
Leader: Gail Allen **7miles**
Tel: 01792-469232 **Easy/Moderate**
Description:
Discover a hidden valley and interesting views! Should be a good walk!
Meet: 9.30 a.m. No Dogs
Meeting Place: Old Baths Car Park near Guildhall, GR: SS 643 922
OR
10.00 a.m. Shopping area, Margam GR: SS 784 874
Directions: From Swansea take M4 Junction 40, 3rd turning off roundabout onto A4107. Turn left onto A48 for 1.5 miles through Taibach to Margam. Turn right just past 12 Knights Pub and park by the shops.

Saturday 28th August **North West Gower**
Joint Walk with The Gower Society
Leader: Lynne Lock **7 - 8 miles**
Tel: 01792-645748 **Moderate**
Description: A walk over Ryers Down and Llanmadoc Hill returning via Cheriton. On the way (and If we're good!) perhaps Lynne will stop for coffee and brownies in Llanmadoc Community shop!
Meet: 10.30 a.m. Dogs on short leads
Meeting Place: Landimore Car Park at end of village GR: SS 464 936

Celebrating 75 years of The Ramblers

Sunday 29th August	Carn Pica & Fan-y-Big
Leader: Ian Smith	14 miles and 3,300ft
Tel: 01792-368609	Strenuous
Description: Strenuous walk with climb up to Carn Pica and Fan y Big. Stunning views weather permitting.	
Meet: 9.00 a.m.	No Dogs
Meeting Place: Old Baths Car Park near Guildhall	GR: SS 643 922
OR	
10:00 a.m. Llanfrynach Village	GR: SO 075 258

Important Dates for your diary:

20th October 2010	AGM of West Glamorgan Ramblers
6th November 2010	AGM of Glamorgan Area

Celebrating 75 years of The Ramblers

September 2010

Well how about that work party then?

Phone John Mellor on 01792 - 412701

- and don't forget the AGM in October. We urgently need new committee members. Would you like to help? Your society can't go on without sufficient volunteers to handle the administration that makes the group function. Please come and take an active role. You'll enjoy making your society work.

Phone Zetta on 01792 - 232060

Sunday 5th September	Walk from Rhossili
Leader: Mike Lewis	8 miles
Tel: 01792-546118	Moderate
Description: A walk from Rhossili to Burry Holms, Broughton and return on the Coastal Path. A few small inclines.	
Meet: 11.00 a.m.	Dogs on short leads
Meeting Place: Rhosilli Car Park (charge)	GR: SS 417 881

Saturday 11th September	Parc le Breos/Penmaen Circular
	<i>Stepping Stones Short Walks</i>
Leader: Gary Evans	3 miles
Tel: 01792-360837	Moderate
Description: Circular walk through woodland to foothills of Cefn Bryn. One gradient, some stiles and can be muddy.	
Meet: 10.30 a.m.	No Dogs
Meeting Place: Green Cwm	GR: SS 538 896
Directions: At western end of Parkmill on A4118, take the small road at the Forestry Commission sign for Park Wood and the Gower Heritage Centre. Turn left and follow the single track road uphill for approximately half a mile toward Green Cwm. Use the small parking area at Parc le Breos campsite/Green Cwm.	

Celebrating 75 years of The Ramblers

Saturday 11th September

Walking by Rail

Joint Walk with The Gower Society

Leader: John Ashley

7 - 8 miles

Tel: 01792-201171

Moderate

Description: We will enjoy a moderate, hilly walk with gorgeous views and time for a pint before the train home at 4.05 p.m. (arriving Swansea 6.06 p.m.) – or take the later train if you can't tear yourself away from the Neuadd Arms! In 2009 the train fare was £7.50. Unfortunately, the free travel for the chronologically challenged (John's description!) has ended.

Meet: 11.00 a.m.

Dogs on short leads

Meeting Place:

Llanwrtyd Wells Railway Station.

The train leaves Swansea at 09.15*, Pontardulais 09.49* and other stops along the way.

***(N.B. The summer timetable had not been printed at the time of going to press so please check that there have been no changes!!).**

Sunday 12th September

Penmaen to Oxwich

Leaders: Howard and Joan Siddle

11 miles

Tel:01685-878476 or 07909-770-708

Moderate

Description: Come and see the fine views of Gower from Cefn Bryn, Penrice, Horton and Oxwich.

Meet: 9.30 a.m.

No Dogs

Meeting Place: Rose Cottage, Penmaen on A4118

GR: SS 527 885

Thursday 16th September

Gateway to Gower

Leader: Dave Bird

6/7 miles

Tel: 01792-233634

Moderate

Description:

A commons walk over Barland, Blackhills, Clyne and Bishopston.

Meet: 10.30 a.m.

No Dogs

Meeting Place:

Parking area at Barland Common on B4436

GR: SS 578 896

Celebrating 75 years of The Ramblers

Sunday 19th September **Clydach Valley**
Leader: Karen Gibbs **7 miles**
Tel: 01792-361683 **Easy**
Description: A walk in the Clydach Valley.
Meet: 9.30 a.m. Dogs on short leads
Meeting Place:
Car park adjacent to Clydach Health Centre GR: SN 693 015

Saturday 25th September **Last of the Summer Strolls**
Joint Walk with The Gower Society
Leader: Mike Lewis **7 miles**
Tel: 01792-546118 **Moderate**
Description: A walk taking in Pennard Castle, Parc le Breos and Penmaen
– Mike’s branching out !
Meet: 11.00 a.m. Dogs on short leads
Meeting Place: Rose Cottage, Penmaen GR: SS 527 884

Sunday 26th September **Richard’s Stomping Ground**
Leader: Karen Gibbs **12 miles**
Tel: 01792-361683 **Moderate**
Description: A walk in remembrance of Richard Gibbs around the hills of his beloved Llangennith, including a brief stop on Hardings Down at his favourite (and final) resting place. Everyone is welcome to join me afterwards for a few jars and a meal at the Greyhound, Oldwalls.
Meet: 10.00 a.m. No Dogs
Meeting Place: Tankeylake Moor GR: SS 435915

That is the last of the walks for this programme. We hope you enjoyed the walks over the summer. If you would like there to be another programme of walks for the next six months (and after that!), why not become a committee member and help keep West Glamorgan Ramblers functioning. We look forward to hearing from you!

Phone Zetta on 01792 - 232060

